

**THE REGULATION OF sVEGFR-2 AND sVEGFR-3 IN THE SERUM OF PREGNANT  
WOMEN WITH HIV-RELATED PREECLAMPSIA RECEIVING ANTIRETROVIRAL  
THERAPY**

By

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**Master of Medical Science**

in the

Discipline of Optics and Imaging

Nelson R Mandela School of Medicine

College of Health Sciences

University of KwaZulu-Natal

Durban, South Africa

**2020**

## PREFACE

This study represents original work by the author and has not been submitted in any other form for any degree or diploma to another institution. Where use was made of the work of others, it has been duly acknowledged in the text.

The research described in this dissertation was carried out in the Optics & Imaging Centre, Doris Duke Medical Research Institute, College of Health Sciences, University of KwaZulu-Natal, Durban, South Africa under the supervision of Professor Thajasvarie Naicker.



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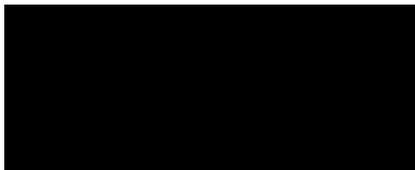
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Professor Thasajvarie Naicker  
(Supervisor)

## DECLARATION

I, **Tashlen Abel** declare that:

- i) The research reported in this dissertation, except where otherwise indicated is my original work.
- ii) This dissertation has not been submitted for any degree or examination at any other university.
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(215013948)

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Date

## **DEDICATION**

### **To God Almighty**

*My source of wisdom, knowledge and understanding.*

*“The simple believeth every word: but the prudent man looketh well to his going.” Proverbs 14:15*

### **To my mother, grandparents, and little brother**

*To my mother and grandparents, thank you for the outstanding job you have done in raising me and for all the love, support and encouragement you have given me throughout my academic career, I am everything I am today because of you. To my little brother, thank you for all your love, support and fun times.*

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## PUBLICATIONS

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2. Abel T., Moodley J., Naicker T. (2020). The involvement of MicroRNAs in SARS-CoV-2 infection comorbid with HIV-associated preeclampsia. **Submitted** to *Current Hypertension Reports*, Manuscript ID: HYPR-D-20-00090R1

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## LIST OF ABBREVIATIONS

Angiotensin I, II, (1-7), (1-9)	Ang I, II, (1-7), (1-9)
Angiotensin converting enzyme and/or 2	ACE and ACE 2
Antiretrovirals	ARV
Antiretroviral therapy	ART
Coronavirus 2019	COVID-19
Extracellular matrix	ECM
Endothelial cell	EC
Highly active antiretroviral therapy	HAART
Human immunodeficiency virus	HIV
Interleukin	IL
KwaZulu-Natal	KZN
Matrix metalloproteinase	MMP
MicroRNA	miRNA
Placental growth factor	PlGF
Preeclampsia	PE
Protease Inhibitor	PI
Severe acute respiratory syndrome coronavirus 2	SARS-CoV-2
Soluble and/or endoglin	sEng or Eng
Soluble and/or foetal liver kinase 1	sFlk-1 or Flk-1
Soluble and/or fms-like tyrosine kinase 1	sFlt-1 or Flt-1
Soluble and/or fms-like tyrosine kinase 4	sFlt-4 or Flt-4
Soluble vascular endothelial growth factor receptor 1 to 3	sVEGFR-1 to sVEGFR-3
South Africa	SA
Trans-activator of transcription	Tat
Transforming growth factor $\beta$	TGF- $\beta$
Tumour necrosis factor	TNF- $\alpha$
Vascular endothelial growth factor	VEGF
Vascular endothelial growth factor receptor 1 to 3	VEGFR-1 to VEGFR-3

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## ABSTRACT

**Background:** An imbalance in the concentration of pro- and anti-angiogenic factors is evident in preeclampsia (PE). This study evaluated the expression of soluble vascular endothelial growth factor receptor 2 (sVEGFR-2) and sVEGFR-3 in the serum of preeclamptic compared to normotensive women complicated by Human Immunodeficiency Virus (HIV) infection. Additionally, in light of the coronavirus disease 2019 (COVID-19) pandemic, maternal and foetal health is a great concern; hence, we have composed a review article that provides an insight into the synergy of PE, HIV and severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) infections, as well as the involvement of epigenetic regulation.

**Method:** The serum expression of sVEGFR-2 and sVEGFR-3 in preeclamptic vs normotensive pregnancies, stratified by HIV status (n = 19) was evaluated through the utilization of a Milliplex Multiplex immunoassay.

**Results:** In comparison to normotensive (HIV-negative and HIV-positive), gestational age ( $p = 0.0004$ ), systolic and diastolic blood pressure ( $p < 0.0001$ ), and parity ( $p = 0.0042$ ) were significantly different in preeclamptic (HIV-negative and HIV-positive) pregnancies. The serum expression of sVEGFR-2 was significantly downregulated in PE compared to normotensive pregnancies ( $p = 0.0025$ ), regardless of HIV status. A downward trend in the concentration of sVEGFR-3 was observed in preeclamptic women ( $p = 0.0586$ ), irrespective of HIV status. Across all groups, the concentration of sVEGFR-2 was significantly downregulated in HIV-positive PE ( $p = 0.0053$ ) and the expression of sVEGFR-3 was significantly reduced in HIV-negative PE ( $p = 0.0393$ ), compared to HIV-negative PE.

**Conclusion:** This novel investigation reports a significant downregulation of serum sVEGFR-2 and a downward trend in the serum expression of sVEGFR-3 in preeclamptic compared to normotensive pregnancies. The hypoxic microenvironment of PE is associated with endothelial cell damage which greatly contributes to the decreased serum expression of sVEGFR-2 and sVEGFR-3. The use of antiretroviral therapy (ART) reconstitutes the immune response in HIV-positive preeclamptic women; hence, it significantly contributes to the risk of developing PE. Furthermore, the HIV-1 trans-activator of transcription protein mimics the behaviour of vascular endothelial growth factors (VEGF) due to their structural homology; however, this does not counterbalance the decline of VEGF in PE due to the administration of ART. In addition, the association of pregnancy with an upregulation of angiotensin converting enzyme 2 receptors increases the risk of pregnant women being infected with SARS-CoV-2. Further investigations are essential to critically evaluate the influence of HIV infection and the epigenetic regulation of these soluble anti-angiogenic factors.

## OKUNGAQONDAKALI

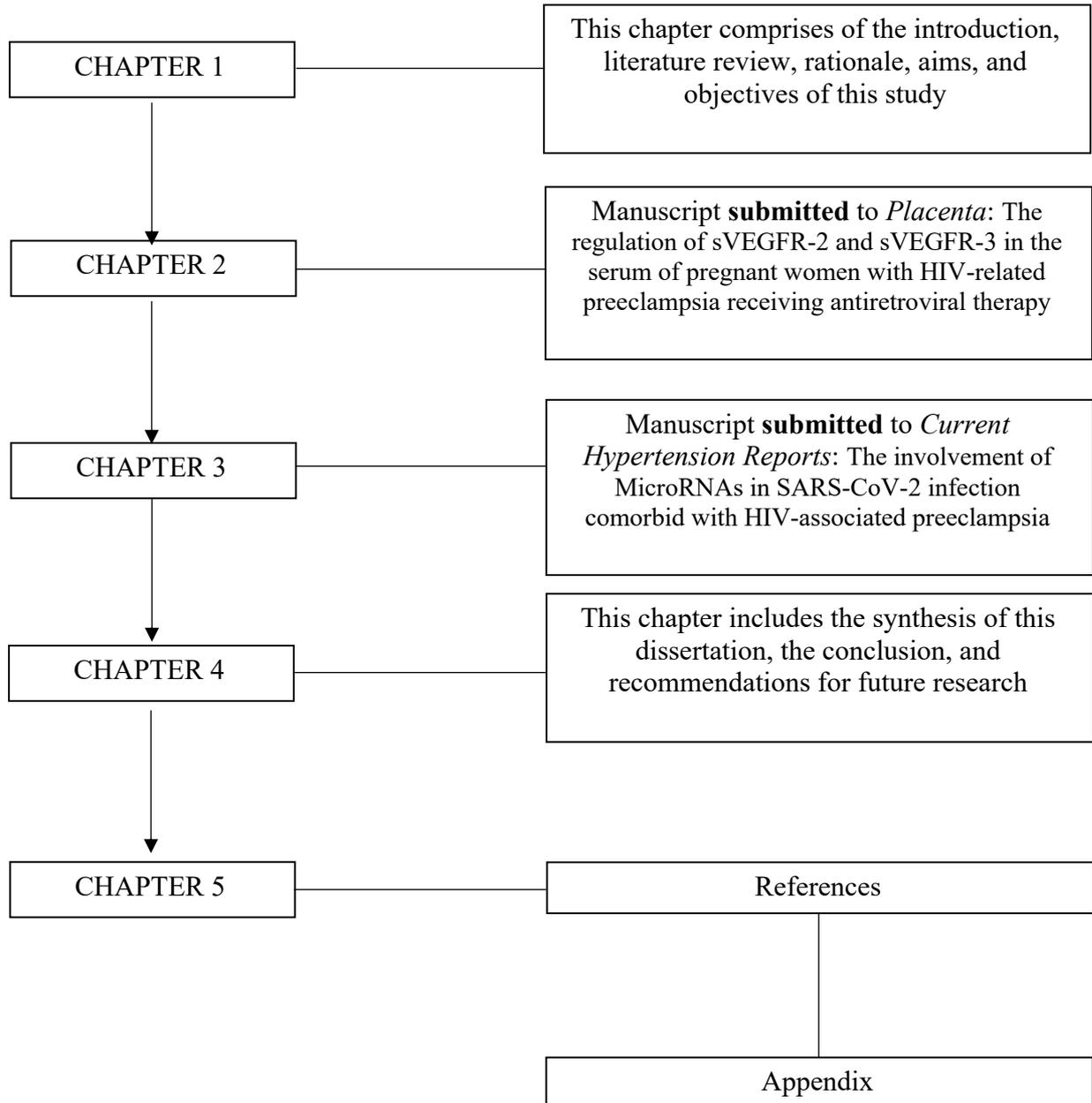
**Isendlalelo:** Ukungalingani ekuqoqweni kwezici ze-pro- and anti-angiogenic kuyabonakala ku-preeclampsia (PE). Lolu cwaningo luhlola ukuvezwa kwe-soluble vascular endothelial grow factor receptor 2 (sVEGFR-2) ne-sVEGFR-3 ku-serum ye-preeclamptic kuqhathaniswa nabesifazane abajwayelekile abayinkimbinkimbi yokutheleleka nge-Human Immunodeficiency Virus (HIV). Ngaphezu kwalokho, ngokubheka ubhubhane lwesifo se-coronavirus 2019 (COVID-19), impilo kamama neye-fetus kuyinkinga enkulu; ngakho-ke, siqambe i-athikili yokubukeza enikeza ukuqonda ngokuhlangana kwe-PE, i-HIV kanye ne-acute respiratory syndrome coronavirus 2 (SARS-CoV-2), kanye nokubandakanyeka komthethonqubo we-epigenetic.

**Indlela:** Isichasiso se-serum se-sVEGFR-2 ne-sVEGFR-3 ekukhulelweni kwe-preeclamptic vs Normatensive, sihlukaniswe ngesimo se-HIV (n = 19) sahlolwa ngokusebenzisa i-Milliplex Multiplex immunoassay.

**Imiphumela:** Uma uqhathanisa ne-standardotensive (i-HIV-negative ne-HIV-positive), iminyaka yokuthinta (p = 0.0004), umfutho wegazi we-systolic ne-diastolic (p < 0.0001), kanye nokulingana (p = 0.0042) kwehluke kakhulu ku-preeclamptic (ukukhulelwa okungekukhle ne-HIV-positive). Isichasiso se-serum se-sVEGFR-2 sabhalwa phansi kakhulu ku-PE ngokuqhathaniswa nokukhulelwa okujwayelekile (p = 0.0025), ngaphandle kwesimo se-HIV. Umkhuba ophansi wokuhlushwa kwe-sVEGFR-3 wabonwa kwabesifazane be-preeclamptic (p = 0.0586), kungakhathalekile ukuthi banesimo se-HIV. Kuwo wonke amaqembu, ukuqoqwa kwe-sVEGFR-2 kwehle kakhulu kwi-HIV-positive PE (p = 0.0053) futhi inkulumbo ye-sVEGFR-3 yehliswe kakhulu kwi-HIV-negative PE (p = 0.0393), uma kuqhathaniswa ne-HIV-negative PE

**Isiphetho:** Lolu phenyo lwenoveli lubika ukwehla okukhulu kwe-serum sVEGFR-2 kanye nokwehla kwesimo sokuvezwa kwe-serum ye-sVEGFR-3 ku-preeclamptic kuqhathaniswa nokukhulelwa okujwayelekile. I-hypoxic microenviro ye-PE ihlotshaniwa nomonakalo weseli we-endothelial onikela kakhulu ekunciphiseni kwe-serum expression ye-sVEGFR-2 ne-sVEGFR-3. Ukusetshenziswa kwe-antiretroviral therapy (ART) kuphinda kuphenduleke ukusabela kokuzivikela kwabesifazane abane-HIV preeclamptic; ngakho-ke, kunomthelela omkhulu engcupheni yokuthuthukisa i-PE. Ngaphezu kwalokho, i-HIV-1 trans-activator ye-protein transcript ilingisa ukusebenza kwezici zokukhula kwe-vascular endothelial (VEGF) ngenxa yokubukeka kwazo okuhlelekile; kodwa-ke, lokhu akuphikisi ukwehla kwe-VEGF ku-PE ngenxa yokuphathwa kwe-ART. ama-angiotensin aguqula ama-enzyme 2 receptors akhulisa ubungozi besifazane abakhulelwe abangenwa yi-SARS-CoV-2.

## DISSERTATION LAYOUT



**Figure 1:** Schematic diagram showing the dissertation layout

## **CHAPTER ONE**

## LITERATURE AND BACKGROUND REVIEW

### 1.1 Hypertensive Disorders of Pregnancy

Despite extensive research, maternal mortality and morbidity remains a global issue. In 2017, almost 300 000 women died during and following pregnancy and childbirth, two-thirds of these deaths occurring within Sub-Saharan Africa (World Health Organization, 2019a). Moreover, approximately 94% of maternal deaths occurred in low-resource settings, such as South Africa (SA) (World Health Organization, 2019b). Hypertensive disorders of pregnancy (HDP) is one of the leading causes of maternal mortality and morbidity worldwide. It is responsible for 18% of maternal deaths in SA (National Committee for Confidential Enquiry into Maternal Deaths, 2018). Accordingly, for every 100 000 live births, there were 136 maternal deaths in SA (National Committee for Confidential Enquiry into Maternal Deaths, 2018). The HDP is comprised of various pregnancy-related complications including chronic hypertension, white coat hypertension, masked hypertension, gestational hypertension (GH), preeclampsia (PE), and eclampsia (Moodley *et al.*, 2019). PE and eclampsia are the most common direct cause of maternal mortality in SA (Moodley *et al.*, 2019).

### 1.2 Preeclampsia

Preeclampsia is a pregnancy-specific disorder, of unknown origin, that complicates 5-7% of pregnancies worldwide (Rana *et al.*, 2019) and is significantly more prevalent in low-middle income countries (LMIC) (Nathan *et al.*, 2018). The prevalence of PE in the South African province of KwaZulu-Natal (KZN) is 12% (Moodley *et al.*, 2016).

This pregnancy-related disorder is characterized by new-onset hypertension (systolic blood pressure  $\geq 140$  mmHg or diastolic blood pressure  $\geq 90$  mmHg) with or without excessive proteinuria (average of  $\geq 300$  mg every 24 hours), presenting at or after 20 weeks' gestation in pregnant women without a history of hypertensive disorders (Brown *et al.*, 2018). Although medical practitioners still use proteinuria as a characteristic of PE, it is no longer a requirement for the diagnosis of PE. This is supported by Speranza *et al.*, who reported no significant difference in the development of PE and eclampsia between patients who had low and high concentrations of proteinuria (Speranza *et al.*, 2019). In the event of new-onset hypertension in a pregnant woman without a history of hypertension and absence of proteinuria, PE is characterized by haemolysis, elevated liver enzymes, and low platelet count, referred to as the HELLP syndrome (Sibai *et al.*, 2005; Young *et al.*, 2010)

### 1.3 Classification of Preeclampsia

The classification of PE includes early-onset PE (EOPE) and late-onset PE (LOPE), entities that may manifest with or without clinical features, such as epigastric pain, visual disturbances, persistent

1 headaches, nausea, and vomiting (Pillay *et al.*, 2017). Importantly, each subtype is dependent on  
2 gestational age in which patients diagnosed at  $\leq 33$  weeks of gestational age and those at  $\geq 34$  weeks of  
3 gestation are diagnosed with EOPE and LOPE, respectively (Tranquilli *et al.*, 2014). Greater maternal  
4 and foetal morbidity and mortality occur in EOPE, as compared to LOPE (Redman, 2017). The disease  
5 burden is greater in LOPE and is referred to as a maternal disorder; whilst EOPE is regarded as a foetal  
6 disorder. Abnormal placentation and placental pathology occur in the EOPE subtype (Flint *et al.*, 2019).

### 8 **1.3.1 Mechanism of Subclasses**

9 Intrauterine growth restriction (IUGR), the reduced rate of growth of a foetus in the womb, is unique to  
10 EOPE (Redman and Staff, 2015). Abnormal cytotrophoblast invasion leading to insufficient spiral  
11 artery remodelling results in high vascular resistance and low blood flow; that contribute to the  
12 development of oxidative stress (Redman and Staff, 2015).

13  
14 The mechanism of LOPE still requires extensive research. However, it is believed that LOPE involves  
15 the placenta outgrowing the capacity of the uterus, which results in diffuse uteroplacental dysfunction  
16 (Flint *et al.*, 2019).

### 18 **1.3.2 Relationship Between Subclasses**

19 The aetiology for the initial dysfunction of the placenta in PE has not been elucidated; nonetheless,  
20 many causes have been proposed and theorized, such as oxidative stress (Mert *et al.*, 2012), genetic  
21 (Hiby *et al.*, 2004) and immune (Yia *et al.*, 2003; Bobst *et al.*, 2005) factors. Also, angiogenic factors  
22 are circulating proteins that function in angiogenesis, the dysregulated levels of which are indicative of  
23 syncytiotrophoblast dysfunction, a characteristic feature of PE development (Karumanchi and Stillman,  
24 2006; Flint *et al.*, 2019).

25  
26 With regards to angiogenic dysregulation, research has shown that the ratio of soluble fms-like tyrosine  
27 kinase-1 (sFlt-1) to placental growth factor (PlGF) is significantly increased in PE compared to controls  
28 (Levine *et al.*, 2006; Herraiz *et al.*, 2015; Herraiz *et al.*, 2017). The anti-angiogenic, sFlt-1 produced by  
29 the placenta enters the maternal circulation and is able to act on distant targets, thereby causing  
30 endothelial dysregulation (Maynard *et al.*, 2005). Recent clinical trials that used the sFlt/PlGF ratio  
31 have proven to be successful in improving the prediction of PE in women at risk of developing the  
32 disease (Zeisler *et al.*, 2016; Perales *et al.*, 2017; Pant *et al.*, 2019).

## 34 **1.4 Normal Placentation**

35 The attachment of the blastocyst to the uterine endothelial wall occurs 4-6 days post-conception;  
36 following this, the placenta begins to develop. After implantation, the trophoblast is the first cell lineage

1 that begins to differentiate. The trophoblast layer surrounding the blastocyst remains whilst the daughter  
2 cells function to differentiate and proliferate, the daughter cells go on to form the cytotrophoblast. The  
3 cytotrophoblast cells have the potential to differentiate in two ways; extravillous cytotrophoblasts  
4 (EVTs) and villous cytotrophoblasts (CT), that function in invasion and fusion, respectively (Rana *et*  
5 *al.*, 2019). EVT's differentiate into giant cells, and endovascular cells whilst the CTs go on to form  
6 syncytiotrophoblasts (STBs) (Rana *et al.*, 2019).

7  
8 Notably, STBs are incapable of replicating on their own; therefore, they recruit new mononucleated  
9 trophoblasts into the STBs. This process results in the renewal of the STBs which function in a fusion  
10 process that includes the integration of the cytoplasm content, proteins and RNA, and membranes and  
11 nuclei from cytotrophoblasts into themselves (Redman and Staff, 2015).

12  
13 Extravillous trophoblasts (EVTs) function in the remodelling of the spiral artery, a process that occurs  
14 in the first 20-22 weeks of gestation. EVT's degrade the elastic and matrix tissue of the spiral artery by  
15 an enzymatic process (Haram *et al.*, 2019). The degraded material is then replaced with fibrinoid  
16 material (Haram *et al.*, 2019). This allows for penetration and invasion of the spiral arteries by the  
17 EVT's. Following the enzymatic degradation, EVT's migrate along the lumen wall of the spiral artery,  
18 gradually replacing the endothelium (Haram *et al.*, 2019). For effective remodelling of the artery,  
19 endothelial apoptosis is required which is induced by Fas/Fas ligand interactions (Redman and Staff,  
20 2015). The expression of Fas has been identified in the spiral artery endothelium, smooth muscle cells  
21 and the decidual endothelial cells (ECs). The remodelling process of the spiral artery leads to dilation  
22 of the artery, a low-resistance flow system that enables an increase in intervillous blood circulation  
23 (Haram *et al.*, 2019).

24  
25 Physiological changes during gestation include the combination of cytotrophoblasts, accumulated  
26 fibrinoid material, and loss of musculo-elastic tissue in the media of placental spiral arteries (Haram *et*  
27 *al.*, 2019). Any interference to these processes can result in complications in pregnancy, such as the  
28 development of PE, GH, IUGR, and vascular pathologies (Brown *et al.*, 2018). Vascular anomalies  
29 together with IUGR are characteristic of PE.

### 30 31 **1.5 Pathogenesis of Preeclampsia**

32 Often referred to as “the disease of theories” (Pipkin and Rubin, 1994; Higgins and Brennecke, 1998;  
33 George, 2017), PE is currently highly researched and an insidious disease (Phipps *et al.*, 2019).  
34 Currently, a direct treatment for PE is not available and the placental disease regresses following the  
35 delivery of the placenta, making early delivery of the infant the only treatment available (Valero *et al.*,  
36 2018). Based on the regression of the disease following delivery, the placenta is seen as a causal agent  
37 in the pathogenesis of PE. The pathogenesis of PE, although not completely elucidated, is believed to

1 progress in two stages (Shanmugalingam *et al.*, 2019). Stage one, the foeto-placental stage occurs in  
2 the first and second trimester, followed by stage two or the maternal stage that occurs during the second  
3 and third trimester (fig. 1.1).

#### 4 5 **1.5.1 The foeto-placental stage**

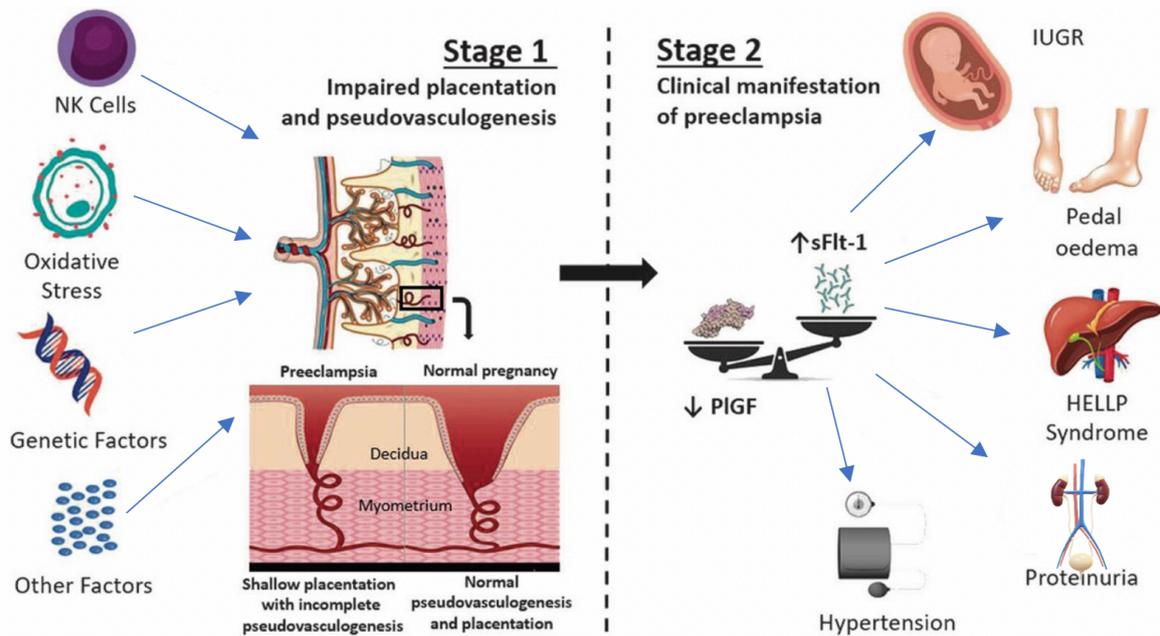
6 The first stage in the development of PE occurs in the first and second trimesters (Sircar *et al.*, 2015).  
7 This stage is referred to as the foeto-placental stage or the preclinical stage as there are no clinical signs  
8 or symptoms of PE.

9  
10 The preclinical stage of PE development involves deficient EVT invasion of the spiral arteries. In this  
11 stage, EVT invasion does not progress beyond the decidual segment of the spiral artery together with  
12 reduced EVT invasion into the myometrial segment of the spiral artery (Naicker *et al.*, 2003).  
13 Insufficient invasion of the spiral artery by CTs due to elevated apoptosis leads to prevention of normal  
14 physiological changes to occur during pregnancy (Naicker *et al.*, 2013; Rana *et al.*, 2019). In normal  
15 pregnancies there is maintenance of a system with constant low-pressure flow however, in PE there is  
16 flow at a high-pressure which damages the endothelial vessels as the pregnancy progresses (Redman  
17 and Staff, 2015). Hence, there is reduced blood flow through the spiral arteries which results in  
18 hypoperfusion of the placenta. Ultimately this will cause insufficient levels of oxygen and nutrients to  
19 be delivered to the foetus throughout pregnancy.

#### 20 21 **1.5.2 The maternal stage**

22 The maternal or clinical stage in the pathogenesis of PE occurs in the second and third trimesters of  
23 gestation. Roberts and Gammil, reported that PE is a disease that is incapable of getting better, it gets  
24 progressively worse and progresses rapidly (Roberts and Gammill, 2005). This is a statement that still  
25 holds true 15 years later as there is still no clarity on the pathogenesis of PE. Although the placenta  
26 plays a pivotal role in the progression of PE, the target organ of the disease is the maternal endothelium.  
27 Upon damage to the endothelium, placental and maternal factors such as angiogenic and vasopressive  
28 factors are released into maternal circulation (Brosens *et al.*, 2019).

29  
30 Uncomplicated and successful pregnancies involve a physiological decrease in arterial blood pressure  
31 as well as peripheral resistance (Young *et al.*, 2010). However, in preeclamptic women widespread  
32 vasoconstriction is evident which causes a resultant increase in blood pressure. As the disease  
33 progresses, it injures ECs throughout the body and not just the spiral arteries. This is most evident in  
34 the kidneys where infiltration is impaired (Young *et al.*, 2010). Also, in PE there is an increase in  
35 sensitivity to vasopressors, such as angiotensin II and norepinephrine (GANT *et al.*, 1974).



**Figure 1.1:** Schematic representation of the two-stage theory of preeclampsia (Adapted from Shanmugalingam *et al.*, 2019)

## 1.6 Vasculogenesis

Vasculogenesis is a process involving the formation of new blood vessels during the embryonic development through a *de novo* production of ECs (Patan, 2004). Vasculogenesis should not be confused with angiogenesis, it is a distinctly different process that describes the formation of new blood vessels from pre-existing blood vessels by sprouting of the ECs (Patan, 2004; Kumar *et al.*, 2009). Successful vasculogenesis requires a balance between pro-angiogenic and anti-angiogenic factors in circulation. An imbalance of angiogenic factors disrupts angiogenesis which eventuate in pathologies such as PE, IUGR, diabetes and nephropathy (Carmeliet, 2003; Wu *et al.*, 2010; Maynard and Karumanchi, 2011; Rana *et al.*, 2012).

The beginning of vasculogenesis is marked by the formation of hemangioblasts, which have the ability to proliferate and differentiate into hematopoietic cells or ECs (Patan, 2004; Azevedo Portilho and Pelajo-Machado, 2018). The Indian hedgehog (IHH) is a signalling protein that is secreted by the extra-embryonic endoderm which stimulates the formation of hemangioblasts (Kim *et al.*, 2013). The extra-embryonic mesoderm secretes fibroblast growth factors which function as signalling molecules to induce the development of further hemangioblasts (Kim *et al.*, 2013).

Hemangioblasts begin to aggregate together and form blood islands. The hemangioblasts that are located towards the periphery of the blood islands develop into ECs to form the vessel wall, whilst

1 hemangioblasts located towards the middle of the blood islands develop into hematopoietic cells to later  
2 form blood cells (Patan, 2004). The ECs are found to express receptors for vascular endothelial growth  
3 factor (VEGF), specifically vascular endothelial growth factor receptor-1 (VEGFR-1) and vascular  
4 endothelial growth factor receptor-2 (VEGFR-2) (Ribatti and Crivellato, 2012). Vascular endothelial  
5 growth factor-A (VEGF-A) has the affinity to bind to both receptors and upon doing so, it stimulates  
6 the formation of blood vessels (Ho and Fong, 2015). The activation of VEGFR-1 is associated with  
7 normal vascular development (Ali *et al.*, 2019) whilst the activation of VEGFR-2 regulates migration,  
8 proliferation and differentiation of ECs (Gille *et al.*, 2001).

9  
10 Ultimately activation of both receptors results in the development of blood vessels therefore, disruption  
11 to the binding of VEGF to its receptors could negatively impacts vasculogenesis and angiogenesis.  
12 Following the development of *de novo* blood vessels, their growth and expansion needs to be maintained  
13 and this is achieved through the process of angiogenesis (Ferozepurwalla *et al.*, 2019).

## 14 15 **1.7 Angiogenesis**

16 As eluded to earlier, angiogenesis is a process that involves the development of new blood vessels from  
17 pre-existing blood vessels, thereby mediating a vascular network (Kumar *et al.*, 2009). Of note,  
18 angiogenesis is stimulated in response to hypoxic conditions or at areas where there is a deprivation of  
19 oxygen or nutrients in the tissue (Margadant, 2020). Although both achieve the same end goal, that is  
20 to develop blood vessels from pre-existing ones, it occurs in two very different processes.

### 21 22 **1.7.1 Sprouting angiogenesis**

23 A hypoxic environment and lack of vascularisation stimulates the release of angiogenic factors from  
24 parenchymal cells. The existing blood vessels that were created by vasculogenesis express receptors for  
25 VEGF. Following the release of VEGF from parenchymal cells, they activated and bind to their  
26 receptors on the EC. This stimulates ECs to release proteases that are able to degrade the basement  
27 membrane, which is necessary for the proliferating ECs to escape the ‘parent’ vessel (Ferozepurwalla  
28 *et al.*, 2019). As the ECs proliferate, they form solid sprouts which grow towards the angiogenic  
29 stimulus whilst the ECs migrate in the same direction, allowing the vessel to grow longer and across  
30 gaps in the vascular network (fig. 1.2) (Gerhardt *et al.*, 2003; Ribatti and Crivellato, 2012).

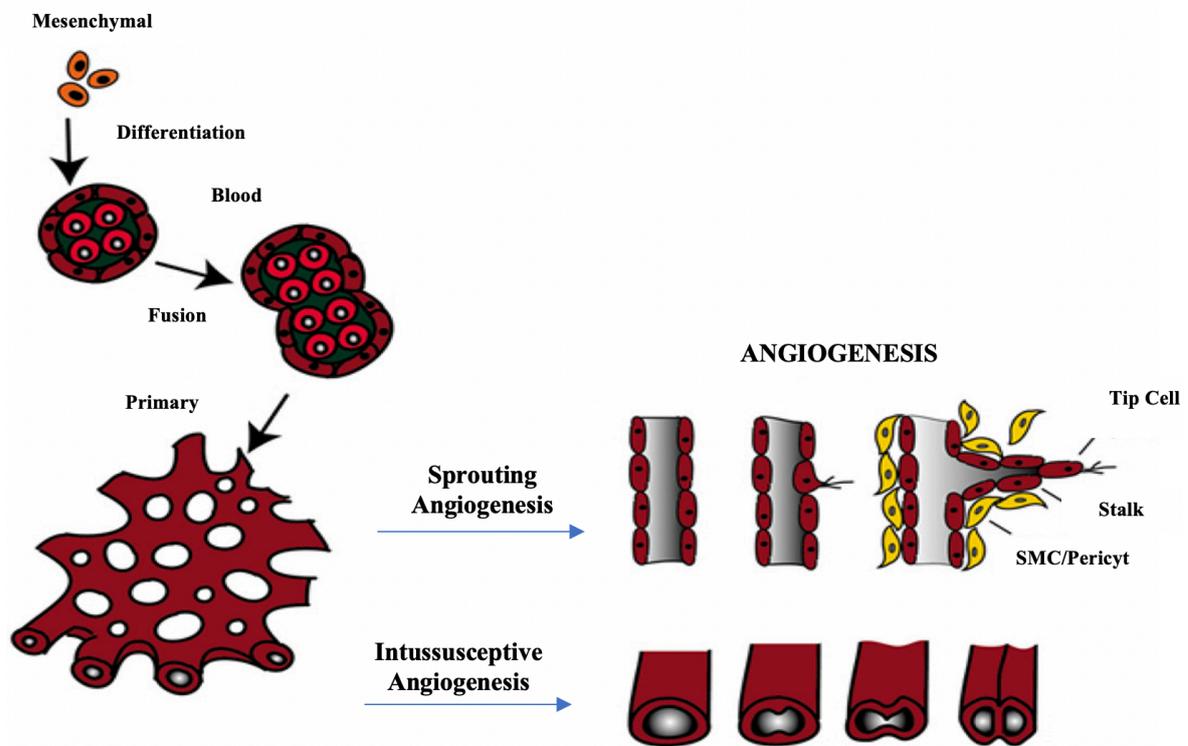
### 31 32 **1.7.2 Intussusceptive angiogenesis**

33 Intussusceptive angiogenesis is the formation of a new blood vessel by means of splitting an existing  
34 vessel into two, therefore it is also referred to as splitting angiogenesis (fig. 1.2). Being a process that  
35 is independent of cell proliferation and migration, intussusceptive angiogenesis is faster and more  
36 efficient as it involves the reorganization of existing ECs (Mentzer and Konerding, 2014).

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In this form of angiogenesis, the endothelial walls on opposite ends of the existing blood vessel begin to migrate towards each, forming an intraluminal pillar (De Spiegelaere *et al.*, 2012). The intercellular junctions between the ECs begin to reorganize themselves, thereby forming a perforation in the core of the pillar. Following the formation of the perforation, pericytes and myofibroblasts invade and begin to create the extracellular matrix in the pillar. To conclude this process of angiogenesis, the pillars increase in size and fuse with each other, and the initial blood vessel then splits into two (De Spiegelaere *et al.*, 2012; Mentzer and Konerding, 2014).

### VASCULOGENESIS



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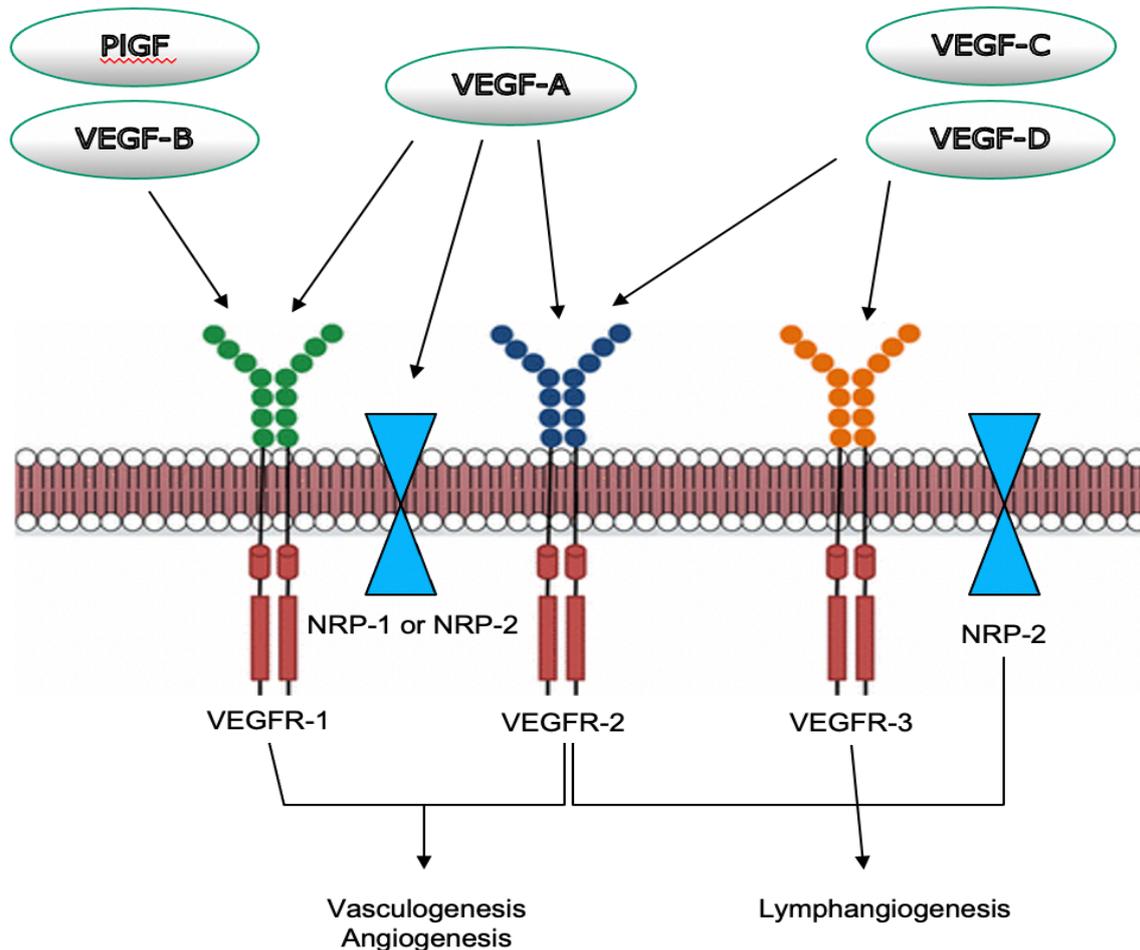
**Figure 1.2:** Illustration showing the difference between sprouting and intussusceptive angiogenesis (Adapted from Heinke *et al.*, 2012)

### 1.8 Vascular Endothelial Growth Factors and Their Receptors

An essential component of a healthy and successful pregnancy is the maintenance of a balance between pro-angiogenic and anti-angiogenic factors in maternal circulation (Rana *et al.*, 2012). The family of VEGFs are the main regulators of angiogenesis during pregnancy (Shibuya and Claesson-Welsh, 2006). VEGFs is a family that is made of up 6 members, VEGF-A, VEGF-B, VEGF-C, VEGF-D, VEGF-E, and PlGF (fig. 1.3) (Roy *et al.*, 2006; Pandey *et al.*, 2018). There are three vascular endothelial growth factor receptors (VEGFRs) found in the human body, VEGFR-1, VEGFR-2 and VEGFR-3 (Karaman

1 *et al.*, 2018). The family of VEGFs display pro-angiogenic and anti-angiogenic properties however,  
 2 splice variants of VEGFRs do exist and tend to exhibit anti-angiogenic effects. VEGF-C and VEGF-D  
 3 bind to VEGFR-3, thereby exhibiting actions on lymphangiogenesis (Eddy *et al.*, 2018).

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6 **Figure 1.3:** Schematic representation of the VEGF family. NRP = Neuropilin (Adapted from Pandey *et al.*,  
 7 2018)

8

9

### 10 **1.8.1 Soluble VEGFR-2**

11 The soluble form of VEGFR-2 (sVEGFR-2) or Soluble foetal liver kinase 1 (sFlk-1), is found almost  
 12 only on the ECs of the placental villi and placental trophoblast (Clark *et al.*, 1996) and is considered to  
 13 be one of the most important VEGFRs because of its ability to bind all VEGFs except VEGF-B and  
 14 PlGF, when its co-receptor, neuropillin-1, is bound (fig. 1.3) (Tjoa *et al.*, 2010). When activated  
 15 VEGFR-2 is involved in a variety of angiogenic signals that regulate mitogenic cell signalling and  
 16 migratory activity of ECs (Pijnenborg *et al.*, 2010). The membrane bound VEGFR-2 possesses greater  
 17 kinase activity in comparison to VEGFR-1, although the latter has a greater affinity for binding VEGFs  
 18 (Naicker *et al.*, 2019).

1  
2 Earlier research on VEGFRs have revealed that the circulating levels of VEGFR-2 are decreased in PE  
3 compared to normotensive pregnancies. They also found that circulating levels of sVEGFR-1 are  
4 increased in preeclamptic pregnancies (Helske et al., 2001; Maynard et al., 2003). The increase in  
5 sVEGFR-1 results in the binding of VEGF, with a concomitant decline of circulating VEGF. The  
6 synthesis of VEGFR-2 is stimulated by circulating levels of VEGF, therefore a directly proportional  
7 relationship exists between the synthesis of VEGFR-2 and circulating VEGF (Shibuya, 2013). A  
8 decrease in the synthesis of VEGFR-2 will have a direct impact and decline on the splice variant of this  
9 receptor, sVEGFR-2 (Sardar et al., 2020). Importantly, the contribution of HIV infection to EC damage  
10 may further increase the risk of developing COVID-19. Despite intensive research, there still remains  
11 a gap connecting the effects of HIV infection, ART and the duration of ART in the synergy of PE  
12 development and progression.

13

### 14 **1.8.2 Soluble VEGFR-3**

15 Lymphangiogenesis is the process by which lymphatic vessels develop. The lymphatic system is  
16 responsible for regulating fluid balance, lipid transport and immune cell trafficking, a defect in this  
17 pathway can lead to failure of fluid clearance, resulting accumulation of interstitial fluid and increase  
18 in pressure (Liu *et al.*, 2015). The result of a defective pathway will also present as oedema due to  
19 accumulation of fluid and increasing pressure, a condition that was a diagnostic feature of PE.  
20 Lymphangiogenesis is mediated by VEGF-C and its receptor VEGFR-3, VEGF-D and other factors  
21 such as hypoxia-inducible factor (HIF-1), the Tie/angiopoietin system, neuropillin-2 and integrin- $\alpha$ -9  
22 (Naicker *et al.*, 2019). PE is characterised by decreased sVEGFR-3, slightly decreased sVEGFR-2 and  
23 increased VEGF-C (Lely *et al.*, 2013).

24

25 The signalling pathway of the soluble form of VEGFR-3 (sVEGFR-3) or fms-like tyrosine kinase-4  
26 (sFlt-4) is initiated when stimulated by VEGF-C (Lely *et al.*, 2013). The mechanism behind the role of  
27 sVEGFR-3 in lymphangiogenesis in PE is yet to be completely elucidated. The ratio of sVEGFR-2 +  
28 sVEGFR-3/VEGF-C is significantly lower in PE compared to normotensive pregnancies and to  
29 gestational hypertension (Lely *et al.*, 2013). In fact, the expression of sVEGFR-3 was significantly  
30 lower in PE compared to normotensive pregnant women (Lely *et al.*, 2013).

31

32 There are conflicting reports on the presence of lymphatic vessels in the placenta; however, literature  
33 suggests that lymphatic vessels are absent in the placenta (Gu *et al.*, 2006; Castro *et al.*, 2011; Wang *et*  
34 *al.*, 2011; Liu *et al.*, 2015; Onyangunga *et al.*, 2016; Cele *et al.*, 2018). Liu *et. al.* found lymphatic  
35 vessels to be absent in both preeclamptic and normal pregnancies (Liu *et al.*, 2015). It was reported that  
36 the presence of lymphatic vessels were observed in the decidua (Red-Horse, 2008; Platonova *et al.*,

1 2013; Brown and Russell, 2014; Jerman and Hey-Cunningham, 2015; Liu *et al.*, 2015; Cele *et al.*, 2018)  
2 and the uterine wall (Cao *et al.*, 2012; Naghshvar *et al.*, 2013). Moreover, the work of Liu *et al.* verifies  
3 inhibition of lymphangiogenesis in PE group associated with a significant reduction of VEGFR-3 in the  
4 decidua PE compared to the control group (Liu *et al.*, 2015).

## 6 **1.9 Human Immunodeficiency Virus**

7 The Human Immunodeficiency Virus (HIV) infections attack the cells of the immune system, thereby  
8 making the host susceptible to other infections and diseases as the immune system is unable to fight off  
9 any foreign invaders following the infection and progression of the infection (Awi and Teow, 2018).

10  
11 Following decades of research in the field, researchers are yet to create a cure for the virus, hence once  
12 a patient is infected, they will remain infected for life; however, the development of highly active  
13 antiretroviral therapy (HAART) has made major impacts in the field. The World Health Organization  
14 (WHO) has recommended that all HIV infected individuals begin and continue the use of HAART  
15 (World Health Organization, 2015). Women who are pregnant are also encouraged to continue with  
16 HAART treatment as it prevents vertical transmission of HIV, as well as during breast-feeding (World  
17 Health Organization, 2015). Nonetheless, the current treatment for HIV infection has shown to have an  
18 adverse impact on a woman's pregnancy (Sebitloane *et al.*, 2017).

### 19 20 **1.9.1 Epidemiology**

21 HIV infection is a global concern with almost 38 million people living with HIV at the end of 2018  
22 (World Health Organization, 2019b). According to the UNAIDS report, there were 1.7 million new  
23 infections worldwide (Joint United Nations Programme on HIV/AIDS, 2019). In Sub-Saharan Africa,  
24 4 out of every 5 HIV infected people between the ages 15 and 19 years are women (Joint United Nations  
25 Programme on HIV/AIDS, 2019). The total population in SA as of mid-year 2019 was 58.78 million  
26 people, of which over 51% were female (Stats SA, 2019). In 2019, 13.5% of the South African  
27 population was infected with HIV (7.97 million) (Stats SA, 2019), a country that has the highest ARV  
28 rollout in the world with almost 5 million people receiving treatment (Joint United Nations Programme  
29 on HIV/AIDS, 2019).

### 30 31 **1.9.2 HIV-associated Preeclampsia**

32 Preeclampsia and HIV are associated with major maternal and perinatal mortality and morbidity, this  
33 is especially observed in LMIC (Backes *et al.*, 2011). Several studies have postulated that HIV infection  
34 influences the rate of PE development (Mattar *et al.*, 2004; Hall, 2007; Kalumba *et al.*, 2013; Moodley,  
35 2013; Landi *et al.*, 2014). HIV infection causes a decrease in CD4 T cells, indicating an effect of  
36 immunosuppression (Maartens *et al.*, 2014). Preeclampsia causes a heightened immunological response

1 (Redman and Sargent, 2005); therefore, HIV infection should theoretically lower the risk of developing  
2 PE (Wimalasundera *et al.*, 2002; Moodley, 2013); however, there are conflicting reports concerning  
3 this effect (Mattar *et al.*, 2004; Hall, 2007). Importantly, many recent studies have reported an increase  
4 in the risk of developing PE in HIV positive patients receiving ART (Suy *et al.*, 2006; Machado *et al.*,  
5 2014).

### 6 7 1.9.2.1 *sVEGFR-2 in HIV-associated Preeclampsia*

8 The HIV-1 encodes at least nine genes in its RNA genome, including gag, pol, env, tat, rev, nef, vif,  
9 vpr, and vpu. The trans-activator of transcription or the tat protein is a polypeptide released from HIV-  
10 1 infected cells. In the process of HIV replication, the tat protein significantly enhances the efficiency  
11 of viral transcription (Debaisieux *et al.*, 2012). A significant relationship exists between the tat protein  
12 and the endothelium due to its ability to interact with several types of receptors found on the surface of  
13 endothelial cells thereby, triggering various biological responses in the endothelium (Rusnati and  
14 Presta, 2002).

15  
16 The tat protein found in HIV-1 possesses an arginine- and lysine-rich sequence that is similar to several  
17 other growth factors, including fibroblast growth factor, VEGF-A, hepatocyte growth factor, and  
18 heparin-binding epidermal growth factor (Stürzl *et al.*, 1995; Albini *et al.*, 1996a; Albini *et al.*, 1996b).  
19 The similarities in the sequence enables tat to mimic the angiogenic effects of VEGF by binding to and  
20 activating the VEGFR-2/Flk-1 receptor. Albini *et al.* observed tat-stimulated endothelial cell growth  
21 and migration *in vitro*, as well as tat-induced angiogenesis *in vivo* (Albini *et al.*, 1994; Albini *et al.*,  
22 1996b). Interestingly, it was determined that the binding of tat to VEGFR-2 was specific as no  
23 interaction was observed between the tat protein and a range of other tyrosine kinase receptors (Albini  
24 *et al.*, 1996b). The tat protein was also observed to bind to VEGFR-2 with a similar affinity as that of  
25 the receptor's endogenous ligand (Albini *et al.*, 1996b). The fact that the tat protein proved to bind to  
26 VEGFR-2 with greater specificity than that of the endogenous ligand, VEGF, indicates that the tat  
27 protein could potentially elicit more potent angiogenic properties (Noonan and Albini, 2000).

28  
29 The endothelial dysfunction observed in PE has been attributed to the disruption in the levels of VEGF  
30 and its receptors (Zhou *et al.*, 2002). Despite this, VEGF expression in PE remains inconsistent.  
31 Previous studies highlighted a VEGF increase (Munaut *et al.*, 2008; Lee *et al.*, 2010; Kweider *et al.*,  
32 2011), a VEGF decrease (Cooper *et al.*, 1996; Somers et al., 1997; Kim *et al.*, 2012) whilst other  
33 studies observed no change of VEGF expression in PE compared to controls (Sgambati *et al.*, 2004;  
34 Toft *et al.*, 2008).

35  
36 The angiogenic effects of VEGF are stimulated by the binding of VEGF to VEGFR-2. The maternal  
37 circulatory levels of Flk-1 have been observed to be similar between normotensive pregnant and

1 normotensive non-pregnant women. Several studies investigating the expression of VEGFR-2 has  
2 identified the receptor to be decreased in early-onset PE or pregnancies with IUGR (Wallner *et al.*,  
3 2007; Chaiworapongsa *et al.*, 2008; Tripathi *et al.*, 2009), suggesting that PE is associated with reduced  
4 levels of VEGFR-2. Although sVEGFR-2 has been investigated in the serum of preeclamptic patients  
5 and in HIV positive women, there still remains a gap establishing the expression of sVEGFR-2 in  
6 preeclamptic pregnant women who are HIV-positive.

#### 7 8 1.9.2.2 sVEGFR-3 in HIV-associated Preeclampsia

9 Although HIV-1 is spread through bodily fluids such as breast milk, the most common mode of  
10 transmission is through unprotected vaginal and anal sexual intercourse. Following infiltration of the  
11 mucosal tissue by HIV, it uses lymphatic endothelial channels to disseminate infected cells to the  
12 draining lymph nodes (Zhang *et al.*, 2012).

13  
14 A previous study reported that PE is characterised by a decrease in sVEGFR-3, slightly decreased  
15 sVEGFR-2, and increased VEGF-C; they also reported that the levels of sVEGFR-3 in plasma  
16 positively correlated with the levels of VEGFR-3 in the decidua (Lely *et al.*, 2013). The same group  
17 concluded that these characteristics, combined with a low ratio of (sVEGFR-2 + sVEGFR-3)/VEGF-C  
18 indicates a pro-lymphangiogenic state in preeclamptic conditions (Lely *et al.*, 2013). In theory, a  
19 decrease in sVEGFR-2 and sVEGFR-3 should result in a decrease of VEGF-C however, that does not  
20 hold true in practice. It is plausible that increased VEGF-C is a compensatory response to the oedema,  
21 hypertension and heightened inflammatory state observed in PE (Volchek *et al.*, 2010; Lely *et al.*,  
22 2013).

23  
24 Endothelial cells express secretory protein 2 (Slit2) and roundabout protein 4 (Robo4) which function  
25 to modulate EC permeability and are thus involved in the mechanism of lymphangiogenesis (Park *et*  
26 *al.*, 2003; Zhang *et al.*, 2012). The gp120 envelope glycoprotein of HIV-1 is able to cause the  
27 hyperpermeability of lymphatic cells *in vitro* (Zhang *et al.*, 2012). It does this by stimulating the  
28 expression of fibronectin and  $\alpha 5\beta 1$  integrins which lead to the complexing of gp120, fibronectin, and  
29  $\alpha 5\beta 1$  integrins which is then able to interact with Robo4 to induce lymphatic hyperpermeability (Zhang  
30 *et al.*, 2012). The same study revealed that Slit2 inhibits the interaction, thereby inhibiting lymphatic  
31 hyperpermeability (Zhang *et al.*, 2012). Previous studies have reported that Slit2/Robo4 interactions  
32 tend to inhibit VEGF-C and block its receptor, VEGFR-3 (Yu *et al.*, 2014).

33  
34 The effect of the combination of HIV-1 and PE on the levels of sVEGFR-3 warrants further research.  
35

### 1            **1.9.3 Effect of Antiretroviral Therapy on Preeclampsia**

2    Advances that led to the development of HAART has significantly reduced the risk of vertical  
3    transmission of HIV worldwide (Aaron *et al.*, 2015); however, there are still concerns regarding the  
4    long-term effect of HAART on foetal, neonatal, and maternal outcomes (Wimalasundera *et al.*, 2002).

5  
6    One of the active ingredients in HAART is nucleoside/nucleotide reverse transcriptase inhibitors  
7    (NRTIs). A study conducted by Song *et al.* reported that NRTIs inhibit the proliferation and migration  
8    of ECs, although their survival rate remained unchanged. The suppression of EC proliferation and  
9    migration led to suppressed vascular tube formation (Song *et al.*, 2018).

10  
11    Moreover, NRTIs dysregulate the receptor tyrosine kinase (RTK) pathway (Song *et al.*, 2018).  
12    Disruption to angiogenic signalling leads to disruption of angiogenesis and vasculogenesis pathways.  
13    Ultimately, the dampening effect of NRTIs on angiogenic signalling leads to suppression of the  
14    development of the vascular network.

15  
16    The prolonged use of NRTIs in the treatment of HIV has been shown to have negative effects on intima-  
17    media remodelling of the aorta and carotid artery in animal models (Sutliff *et al.*, 2002; Jiang *et al.*,  
18    2010). Moreover, NRTIs have the ability to cause mitochondrial dysfunction and oxidative stress (Jiang  
19    *et al.*, 2007). Song *et al.* showed that the ability of NRTIs to induce mitochondrial oxidative stress  
20    impairs RTK signalling in ECs, which leads to the inhibition of angiogenesis and lymphangiogenesis  
21    both *in vivo* and *in vitro* (Song *et al.*, 2018). Furthermore, use of ARV that are in current use such as  
22    tenofovir disoproxil fumarate, azidothymidine, and lamivudine impacts angiogenesis and  
23    lymphangiogenesis (Song *et al.*, 2018).

24  
25    In an ideal situation, PE patients comorbid with HIV infection would have a neutralisation of the  
26    immune responses. However, HAART in pregnancy reconstitutes the immune response and may  
27    predispose PE development (Maharaj *et al.*, 2017); however, the effect of the duration of HAART on  
28    immune reconstitution requires further investigation.

29  
30    The biological reasoning behind patients being at higher risk of developing PE when on HAART  
31    remains to be explored; however, research has suggested that HAART causes PE by direct hepatotoxic  
32    and nephrotoxic effects, thereby mimicking PE (Wimalasundera *et al.*, 2002; Mawson, 2003).  
33    Furthermore, the administration of HAART was reported to heighten the maternal immune response to  
34    foetal antigens; thereby causing the patient to be at great risk of developing PE (Mol *et al.*, 2016).

35  
36    Evidence suggests that HIV infection does play a role in the development of PE. It has been established  
37    that certain HIV proteins are associated with angiogenesis and lymphangiogenesis which are key

1 pathways that are imbalanced in PE; however, there is minimal research investigating the expression of  
2 soluble VEGFs in HIV-positive preeclamptic women. South Africa has one of the highest HIV infection  
3 rates globally, making it an ideal place to investigate the synergy of HIV-associated preeclampsia.  
4

### 5 **1.10 Aim**

6 To compare soluble angiogenic factors, specifically sFlt-4 and sFlk-1 based on pregnancy type  
7 (normotensive pregnant and preeclamptic women) and by HIV status. In light of the emergence of the  
8 novel SARS-CoV-2, we aimed to highlight and investigate the synergy of PE, HIV and SARS-CoV-2.  
9

#### 10 ***1.10.1 Specific objectives:***

- 11 • To quantify the expression of sFlk-1 and sFlt-4 in the serum of pregnant women using a Bioplex  
12 Multiplex Immunoassay.
- 13
- 14 • To compare the serum expression of sFlk-1 and sFlt-4 between normotensive and preeclamptic  
15 women regardless of HIV status using a Bioplex Multiplex Immunoassay.
- 16
- 17 • To compare the serum expression of sFlk-1 and sFlt-4 between HIV negative and HIV positive  
18 women irrespective of pregnancy type using a Bioplex Multiplex Immunoassay.
- 19
- 20 • To compare the serum expression of sFlk-1 and sFlt4 across all study types (Normotensive:  
21 HIV negative, HIV positive; Preeclamptic: HIV negative, HIV positive) using a Bioplex  
22 Multiplex Immunoassay.
- 23
- 24 • To compare the serum expression of sFlk-1 and sFlt-4 with patient demographics across all  
25 study groups.
- 26

### 27 **1.11 Hypothesis**

28 The serum expression of sVEGFR-2 and sVEGFR-3 will be dysregulated in PE compared to  
29 normotensive pregnancies complicated by HIV infection.  
30

### 31 **1.12 Research Question**

32 Is there a dysregulation of the signalling transduction pathways of soluble angiogenic factors in the  
33 serum of preeclamptic women and comorbid HIV infection receiving HAART?  
34  
35

## **CHAPTER TWO**

1 **Original Article: The regulation of sVEGFR-2 and sVEGFR-3 in the serum of pregnant women**  
2 **with HIV-related preeclampsia receiving antiretroviral therapy.**

3  
4  
5 This chapter explores the serum expression of sVEGFR-2 and sVEGFR-3 in preeclamptic compared to  
6 normotensive pregnancies, with associated HIV infection. The format of this chapter follows the  
7 manuscript format of a DoHET accredited peer-reviewed journal.

8  
9 **Citation:**

10 Tashlen Abel, Sayuri Padayachee and Thajasvarie Naicker (2020). The regulation of sVEGFR-2 and  
11 sVEGFR-3 in the serum of pregnant women with HIV-related preeclampsia receiving antiretroviral  
12 therapy. **Submitted** to *Placenta*, Manuscript ID: PLAC-S-20-00962.

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**Placenta**  
**THE REGULATION OF sVEGFR-2 AND sVEGFR-3 IN THE SERUM OF PREGNANT WOMEN WITH HIV-RELATED PREECLAMPSIA RECEIVING ANTIRETROVIRAL THERAPY**  
 --Manuscript Draft--

<b>Manuscript Number:</b>	
<b>Article Type:</b>	Original article
<b>Keywords:</b>	Human Immunodeficiency Virus, Hypertension, Placenta, Preeclampsia, Pregnancy
<b>Corresponding Author:</b>	Tashlen Abel University of KwaZulu-Natal Nelson R Mandela School of Medicine: University of KwaZulu-Natal College of Health Sciences SOUTH AFRICA
<b>First Author:</b>	Tashlen Abel
<b>Order of Authors:</b>	Tashlen Abel Sayuri Padayachee Thajasvarie Naicker
<b>Abstract:</b>	Introduction: Preeclampsia (PE) is characteristic of an angiogenic imbalance favoring anti-angiogenesis. This study investigated the serum concentrations of anti-angiogenic factors viz., soluble vascular endothelial growth factor 2 (sVEGFR-2) and 3 (sVEGFR-3), in normotensive pregnant and preeclamptic women associated with human immunodeficiency virus (HIV) infection. Methods: A Milliplex multiplex immunoassay was used to quantify the expression of serum sVEGFR-2 and sVEGFR-3 in the serum of preeclamptic vs normotensive pregnancies stratified by HIV status. Results: The expression of serum sVEGFR-2 was significantly downregulated in preeclamptic groups vs normotensive groups ( $p = 0.0025$ ). By comparison with the HIV-negative normotensive group, we observed a significant downregulation of sVEGFR-2 in the HIV-positive preeclamptic group ( $p = 0.0053$ ) and sVEGFR-3 in the HIV-negative preeclamptic group ( $p = 0.0393$ ). Discussion: This novel study reports a significant downregulation of sVEGFR-2 and sVEGFR-3 in preeclamptic vs normotensive pregnancies. Endothelial cell damage significantly contributes to the downregulation of sVEGFR-2 and sVEGFR-3 in the hypoxic setting of PE. Furthermore, based on HIV status, we demonstrated a downregulation of sVEGFR-2 in HIV-positive vs HIV-negative women; in contrast, sVEGFR-3 was upregulated in HIV-positive women. The vascular endothelial growth factor mimicry effect of trans-activator of transcription protein as well as the dysregulatory effect of antiretroviral therapy treatment may account for the differential expression observed.
<b>Suggested Reviewers:</b>	Wendy N Phoswa phoswawendy@gmail.com Reviewer possesses a great understanding of Preeclampsia.  Nalini Govender nalinip@dut.ac.za This reviewer is a senior lecturer in the field of maternal health.

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7



1 **Abstract**

2 **Introduction:** Preeclampsia (PE)<sup>1</sup> is characteristic of an angiogenic imbalance favoring anti-  
3 angiogenesis. This study investigated the serum concentrations of anti-angiogenic factors *viz.*, soluble  
4 vascular endothelial growth factor 2 (sVEGFR-2)<sup>2</sup> and 3 (sVEGFR-3)<sup>3</sup>, in normotensive pregnant and  
5 preeclamptic women associated with human immunodeficiency virus (HIV)<sup>4</sup> infection. **Methods:** A  
6 Milliplex multiplex immunoassay was used to quantify the expression of serum sVEGFR-2 and  
7 sVEGFR-3 in the serum of preeclamptic *vs* normotensive pregnancies stratified by HIV status. **Results:**  
8 The expression of serum sVEGFR-2 was significantly downregulated in preeclamptic groups *vs*  
9 normotensive groups ( $p = 0.0025$ ). By comparison with the HIV-negative normotensive group, we  
10 observed a significant downregulation of sVEGFR-2 in the HIV-positive preeclamptic group ( $p =$   
11  $0.0053$ ) and sVEGFR-3 in the HIV-negative preeclamptic group ( $p = 0.0393$ ). **Discussion:** This novel  
12 study reports a significant downregulation of sVEGFR-2 and a trend towards a decline of sVEGFR-3  
13 in preeclamptic *vs* normotensive pregnancies. Endothelial cell damage significantly contributes to the  
14 downregulation of sVEGFR-2 and sVEGFR-3 in the hypoxic setting of PE. Furthermore, based on HIV  
15 status, we demonstrated a downregulation of sVEGFR-2 in HIV-positive preeclamptic *vs* HIV-negative  
16 normotensive pregnancies; in contrast, sVEGFR-3 was upregulated in HIV-negative preeclamptic *vs*  
17 HIV-negative normotensive pregnancies. The vascular endothelial growth factor mimicry effect of  
18 trans-activator of transcription protein as well as the dysregulatory effect of antiretroviral therapy  
19 treatment may account for the differential expression observed.

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21 **Keywords:** Human Immunodeficiency Virus, Hypertension, Placenta, Preeclampsia, Pregnancy

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<sup>1</sup> Preeclampsia

<sup>2</sup> Soluble vascular endothelial growth factor 2

<sup>3</sup> Soluble vascular endothelial growth factor 3

<sup>4</sup> Human Immunodeficiency Virus

## 1 **Introduction**

2 Both preeclampsia (PE), a multifactorial hypertensive disorder of pregnancy (HDP), and human  
3 immunodeficiency virus (HIV) infection are major contributors to maternal and perinatal morbidity and  
4 mortality in low-middle-income countries (LMIC), such as South Africa (SA) [1, 2]. In 2019, over 7  
5 million South Africans were living with HIV infection [3]. The South African province of KwaZulu-  
6 Natal (KZN) accounted for 20% of the overall maternal deaths in 2017, whilst 18% of maternal deaths  
7 in South Africa were directly linked to hypertension [1].

8

9 Preeclampsia is a disease of the placenta that is characterized by new-onset hypertension (systolic  $\geq 140$   
10 and diastolic  $\geq 90$  mmHg) with or without proteinuria ( $\geq 300$  mg) presenting at or after 20 weeks'  
11 gestation [4]. The etiology of PE has not been fully elucidated however, it is believed to occur in two  
12 stages [5]. The preclinical stage involves deficient extravillous trophoblast (EVT) invasion and  
13 defective spiral artery remodeling, predisposing placental hypoxia with a subsequent shift in angiogenic  
14 homeostasis [6]. This results in widespread damage to the maternal endothelium in the clinical stage of  
15 PE that presents with hypertension, proteinuria, and intrauterine growth restriction (IUGR) [7]. Delivery  
16 of the placenta resolves the disease, making early delivery of the fetus the only available treatment [8].

17

18 The family of vascular endothelial growth factors [VEGF-A, VEGF-B, VEGF-C, VEGF-D, and  
19 placental growth factor (PlGF)] regulate various physiological responses that maintain angiogenic and  
20 lymphangiogenic homeostasis [9, 10]. Dependent on the receptor they bind, these factors may exhibit  
21 either anti-angiogenic or pro-angiogenic properties. Key vascular endothelial growth factor receptors  
22 (VEGFR) belong to the receptor tyrosine kinase (RTK) family and include VEGFR-1 or Fms-like  
23 tyrosine kinase receptor-1 (Flt-1), VEGFR-2 also known as kinase insert domain receptor (KDR) or  
24 fetal liver kinase-1 (Flk-1), and VEGFR-3 [11].

25

26 In PE, soluble isoforms of these angiogenic receptors are found within the maternal circulation [12].  
27 Soluble VEGFR-2 (sVEGFR-2) and VEGFR-3 (sVEGFR-3) are involved in angiogenesis and  
28 lymphangiogenesis, respectively [11, 13].

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VEGFR-2 binds VEGF-A and its splice variants, VEGF-C and VEGF-D whilst it does not bind VEGF-B and PlGF [14]. Activation of VEGFR-2 stimulates mitogenic cell signalling and the migratory activity of endothelial cells (ECs) [11, 14]. There is a paucity of data regarding the expression of sVEGFR-2 in PE and its exact role in the disease. Soluble VEGFR-2 is reported to be decreased in PE in comparison to pregnancies with IUGR [15-17].

Lymphangiogenesis is mediated by VEGF-C and its receptor, VEGFR-3 [13]. Reports have shown that a decline of both sVEGFR-2 and sVEGFR-3, and increased VEGF-C are characteristic of PE development [18]. The mechanism by which sVEGFR-3 is involved in lymphangiogenesis is not fully elucidated. The presence of lymphatic vessels has been observed in the decidua [19-21] and the uterine wall [22, 23]; however, recent data suggests an absence of lymphatic vessels within the placenta [20, 24]. Membranous VEGFR-3 is significantly reduced in the decidua of preeclamptic patients, indicating substantial damage to the lymphangiogenesis pathway [20].

In South Africa, PE comorbid with HIV infection significantly contributes to the high rates of pregnancy-related deaths; however, reports on the relationship between PE and HIV infection are conflicting [25-27]. It is believed that PE and HIV infection share opposing immunological and inflammatory responses [28]. Furthermore, evidence indicates that HIV-positive pregnant women receiving highly active antiretroviral therapy (HAART) are more susceptible to PE development [29, 30]. In an ideal situation, PE patients comorbid with HIV infection would have a neutralisation of the immune response [27, 31]; however, HAART in pregnancy reconstitutes the immune response thereby predisposing PE development [30, 32, 33].

Limited research on the expression of angiogenic factors in HIV infection has associated HIV infection with an increase in anti-angiogenic factors in patients receiving antiretroviral therapy (ART). The accessory trans-activator of transcription (tat) protein of HIV-1 is a polypeptide released from HIV infected cells that significantly enhances the efficiency of HIV viral transcription [34]. Interestingly, tat

1 protein shares a similar structural sequence to VEGF-A [35]. The tat protein can act as a soluble  
2 mediator that activates VEGFR-2 on the surface of ECs inducing EC proliferation, migration, and the  
3 release of proteolytic enzymes *in vivo* [36]. Additionally, tat protein can regulate VEGFR-2 by  
4 phosphorylating integrin subunits and neuropilin-1 (NRP-1) which is a co-receptor for VEGFR-2 [37].  
5 Moreover, tat protein has been reported to stimulate VEGFR-3 thereby increasing endothelial nitric  
6 oxide synthase (eNOS) levels [38]. However, VEGFR-3 is reported to be absent in placental conducting  
7 and exchange villi in both HIV-negative and HIV-positive women [39]. Regrettably, there is a paucity  
8 of data on the functional role of soluble angiogenic factors in HIV infection.

9

10 The involvement of sVEGFR-2 and sVEGFR-3 in the synergy of PE and HIV infection warrants further  
11 investigating. Furthermore, there is a paucity of data on the expression of sVEGFR-2 and sVEGFR-3  
12 in HIV-positive pregnant women receiving HAART. Based on the high prevalence of HIV infection in  
13 pregnancy in KZN and the high prevalence of PE in SA, this study attempts to elucidate the expression  
14 of soluble angiogenic factors in the serum of pregnant women, based on pregnancy type (normotensive  
15 *vs* PE) and HIV status (HIV-positive *vs* HIV-negative).

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1 **Methods and materials**

2 *Ethical approval*

3 All participants were required to submit an informed consent form and the study was approved by  
4 the hospital CEO. This study was granted regulatory and ethical approval by the Biomedical Research  
5 Ethics Committee of the College of Health Sciences, University of KwaZulu-Natal (BCA 338/17).

6

7 *Study population*

8 This project recruited 76 pregnant women between 25 and 37 weeks of gestation from Prince Mysheni  
9 Memorial Hospital in KwaZulu-Natal, South Africa. The study population (N = 76) was divided into  
10 preeclamptic (n = 38) and normotensive groups (n = 38). The study groups were further stratified by  
11 HIV status, resulting in 4 subgroups (n = 19).

12

13 Preeclampsia was defined as having a systolic BP  $\geq 140$  mmHg and diastolic BP  $\geq 90$  mmHg with a  
14 proteinuria dipstick test of at least +2 in a 24-hour urine sample, after 20 weeks' of gestation.

15 Gestational age was determined by ultrasonographic examination and date of last period.

16 Information regarding maternal age and parity were self-reported. Participants' HIV status were  
17 determined via bed-side tests and CD4 cell counts, all HIV-positive patients were on treatment with  
18 antiretroviral therapy. Patients who did not provide informed consent were excluded from the study.

19 Pregnant women with the following conditions were excluded from our study: chronic diabetes,  
20 gestational diabetes, chronic hypertension, connective tissue disorder, chronic renal disease, cardiac  
21 disease, sickle cell disease, polycystic ovarian syndrome, abruption placentae, intrauterine death,  
22 unknown HIV status, active asthma, chorio-amnionitis, systemic lupus erythematosus, antiphospholipid  
23 antibody syndrome, and pre-existing seizure disorders. A qualified research nurse registered with  
24 HPCSA collected all samples taking into account the exclusion criteria. The patient demographics data  
25 was anonymised and collated into a data file.

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***Sample collection***

Following informed consent, 10 ml of blood was extracted from the medial cubital vein, irrespective of fasting status, and collected in EDTA tubes (Becton Dickinson and Company, South Africa). The venous blood was then centrifuged, and 2 ml of serum was aliquoted into cryovials and stored at -80°C until required.

***Bio-plex Multiplex immunoassay***

A Milliplex multiplex immunoassay was performed following the manufacturer’s guidelines (Merck KGaA, Germany) to analyse serum samples for the expression of sVEGFR-2 and sVEGFR-3. The samples were prepared using a 1:5 dilution series.

In brief, the sVEGFR-2 and sVEGFR-3 capture antibody-coupled magnetic beads were added to a 96-well plate and washed twice. Standards, samples and blanks were then added into their respective wells and allowed to incubate; this was followed by washing the plate three times. A biotinylated detection antibody was added to the wells and allowed to incubate before washing the plate three times. Streptavidinphycoerythrin conjugate (SA-PE) was added to each well. The plate was then washed three times and each well was resuspended in assay buffer. This was performed using the Bio-Plex® MAGPIX™ Multiplex reader (Bio-Rad Laboratories Inc., USA). The reader detected the fluorescence of the SA-PE bound to each bead, which was proportional to the concentration of each analyte in the sample.

***Statistical analysis***

Statistical analysis was performed using GraphPad Prism 8 (GraphPad software, San Diego California, USA). Data normality and distribution were assessed by the D’Agostino and Pearson, Shapiro-Wilk, and Kolmogorov Smirnov tests. For group analysis, a one-way ANOVA and Bonferroni *post hoc* test were used for parametric data while the Kruskal-Wallis and Dunn’s *post hoc* test were used for non-

1 parametric data. For individual analysis *i.e.* pregnancy type (normotensive *vs* preeclamptic) and HIV  
 2 status (negative *vs* positive), a Mann-Whitney *U* test was performed. Similarly, an unpaired *t*-test was  
 3 used for parametric data. Parametrically distributed data was represented as mean  $\pm$  standard deviation  
 4 whilst non-parametrically distributed data was represented as median and interquartile range. A *p* value  
 5 of  $<0.05$  was considered statistically significant.

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## 9 **Results**

### 10 ***Demographics***

11 The patient demographics of our sample population are summarized in Table 1. Gestational age, parity,  
 12 maternal age, systolic and diastolic BP were significantly different between normotensive (HIV-  
 13 negative and HIV-positive) pregnant and preeclamptic (HIV-negative and HIV-positive) groups (*p*  $<$   
 14 0.05). There were no significant differences in maternal weight between the study groups. Proteinuria  
 15 was detected in all PE samples by the use of a rapid proteinuria dipstick test.

16

17 **Table 1:** Patient demographics (N=76). Data is represented as the median (IQR).

	Normotensive HIV-	Normotensive HIV+	Preeclamptic HIV-	Preeclamptic HIV+	P Value
Gestational age (weeks)	37.00 (9.00)	25.00 (14.00)	24.00 (10.00)	23.00 (10.00)	0.0004***
Systolic BP (mmHg)	109.0 (20.0)	112.0 (13.0)	146.0 (14.0)	147.0 (20.0)	$<0.0001$ ***
Diastolic BP (mmHg)	65.00 (13.00)	72.00 (14.00)	93.00 (10.00)	97.00 (13.00)	$<0.0001$ ***
Parity	1.000 (1.000)	2.000 (1.000)	1.000 (1.000)	2.000 (1.000)	0.0042*

Maternal age (years)	25.00 (9.00)	31.00 (11.00)	28.00 (16.00)	34.00 (14.50)	0.0211*
Maternal weight (kg)	74.00 (22.00)	81.00 (28.00)	82.00 (44.00)	79.50 (35.00)	0.2116

1 \* $p < 0.05$ , \*\* $p < 0.001$ , \*\*\* $p < 0.0001$

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#### 4 **Serum levels of sVEGFR-2**

##### 5 ***Pregnancy type***

6 Irrespective of HIV status, there was a significant difference of sVEGFR-2 detected between  
7 normotensive and preeclamptic pregnancies [F(4.398) = 1.904;  $p = 0.0025$ ]. Significantly reduced  
8 levels of sVEGFR-2 were observed in PE (mean = 13649 ±5574 pg/ml) compared to normotensive  
9 pregnancies (mean = 18480 ±7691 pg/ml) (*fig. 1A*).

10

##### 11 ***HIV status***

12 Serum sVEGFR-2 did not significantly differ [F(4.398) = 2.846;  $p = 0.1022$ ] between HIV-positive  
13 (mean = 17397 ±8540 pg/ml) and HIV-negative (mean = 14732 ±5062 pg/ml) groups, regardless of  
14 pregnancy type (*fig. 1B*).

15

##### 16 ***Across all groups***

17 Albeit non-significantly across all groups, sVEGFR-2 was significantly different [F(4.398) = 4.398;  $p$   
18 = 0.053] between HIV-negative normotensive and HIV-positive PE groups. The concentration of  
19 sVEGFR-2 was significantly downregulated in HIV-positive PE (mean = 12006 ±4046 pg/ml) in  
20 comparison to HIV-negative normotensive pregnancies (mean = 19501 ±9939 pg/ml) (*fig. 1C*). There  
21 were no significant differences between all other groups recorded.

22

1 **Serum levels of sVEGFR-3**

2 ***Pregnancy type***

3 There was no significance difference in the concentration of sVEGFR-3 between normotensive (median  
4 = 4080 pg/ml; IQR = 5459 pg/ml) and preeclamptic (median = 2610 pg/ml; IQR = 6623.18 pg/ml)  
5 pregnancies (Mann-Whitney U = 540.5;  $p = 0.0586$ ) (*fig. 2A*).

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10 ***HIV status***

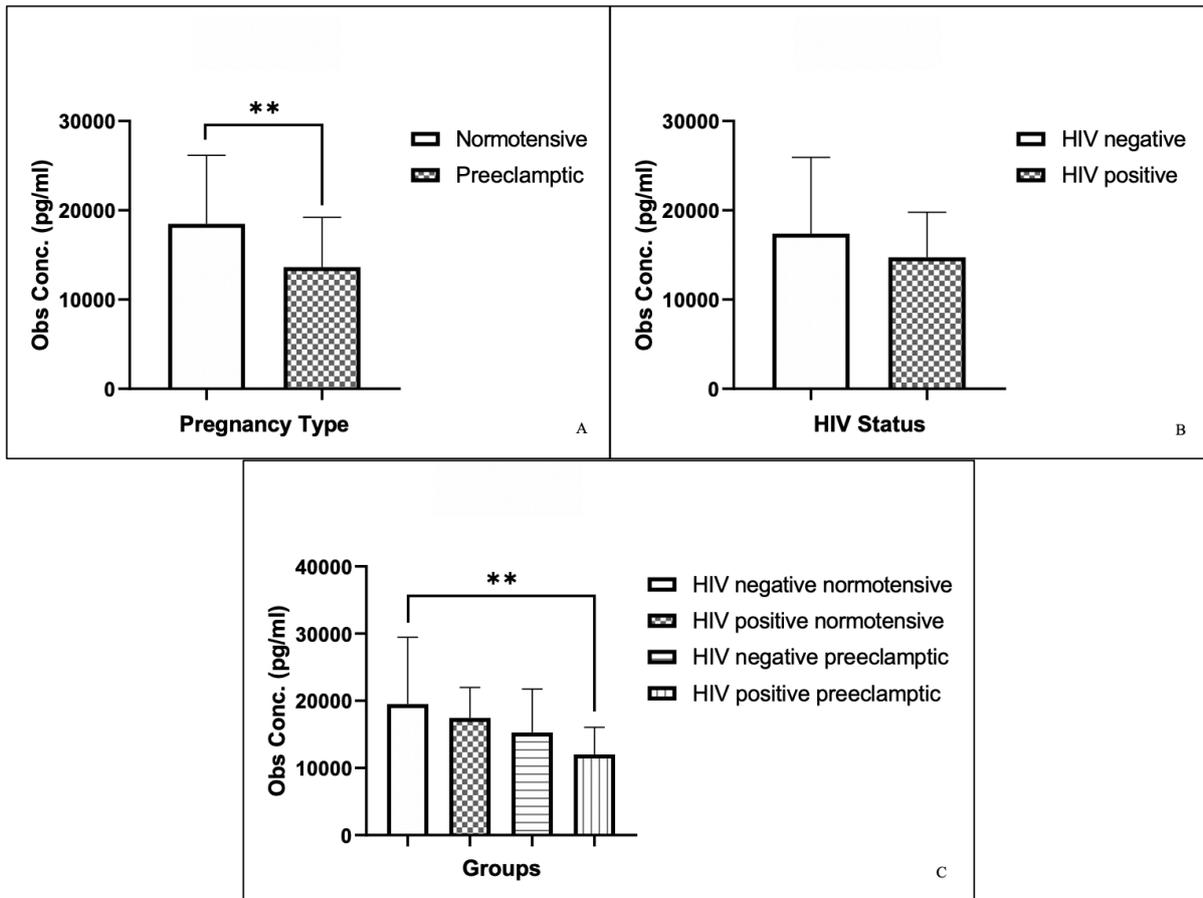
11 Regardless of pregnancy type, there was no statistically significant difference of sVEGFR-3 between  
12 the HIV-negative (median = 2512 pg/ml; IQR = 6508.7 pg/ml) and HIV-negative (median = 4052  
13 pg/ml; IQR = 5441 pg/ml) groups (Mann-Whitney U = 564;  $p = 0.1004$ ) (*fig. 2B*).

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15 ***Across all groups***

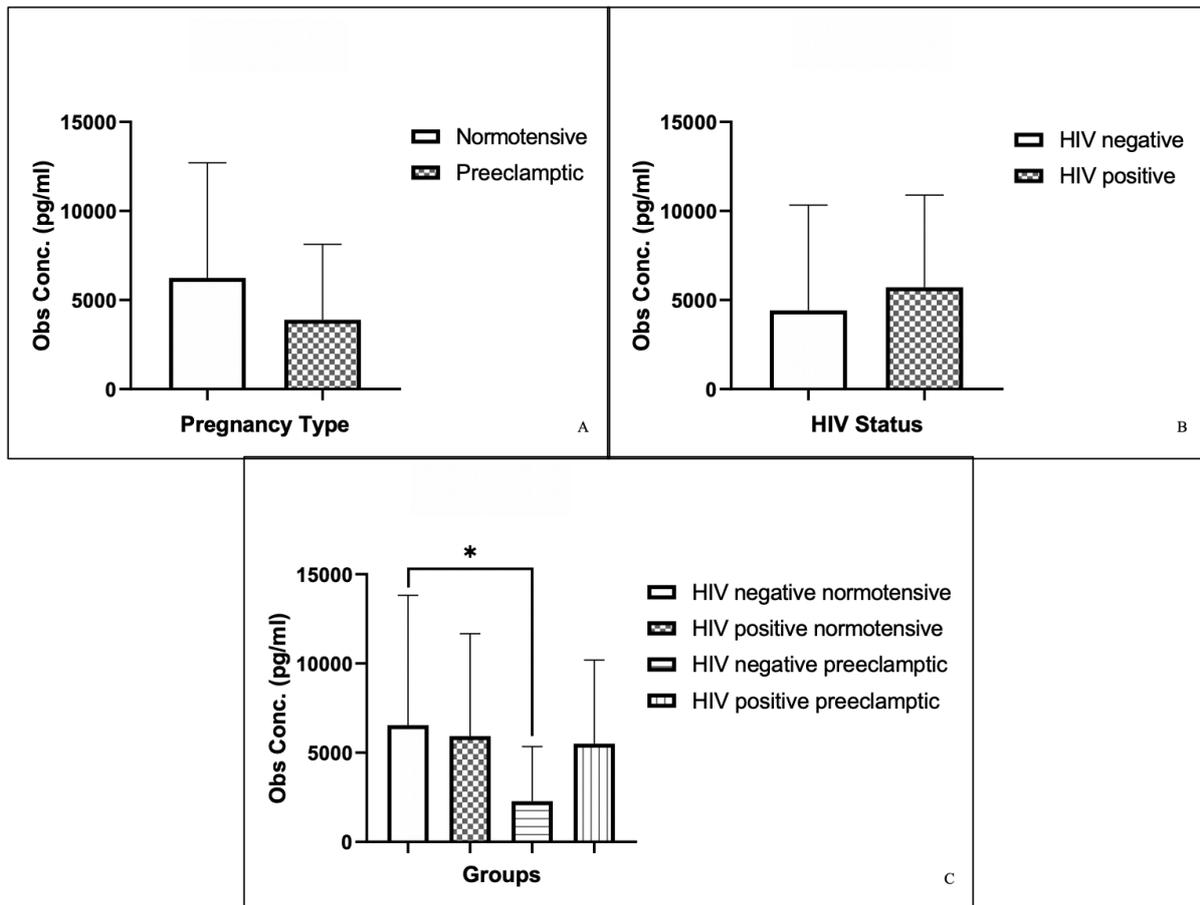
16 A level of significance (Kruskal-Wallis=10.11;  $p < 0.05$ ) for sVEGFR-3 concentrations was detected  
17 between HIV-negative normotensive and HIV-negative pregnancies (*fig. 2C*). Notably, sVEGFR-3 was  
18 elevated in the HIV-negative normotensive (median=4143 pg/ml; IQR=5948 pg/ml) vs HIV-negative  
19 PE (median=875 pg/ml; IQR=4196 pg/ml) groups. There was no evidence of statistically significant  
20 differences between all other groups.

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**Figure 1:** Serum concentrations of soluble vascular endothelial growth factor 2 (sVEGFR-2) with respect to: (A) Normotensive vs Preeclampsia groups, (B) HIV-negative vs HIV-positive, (C) Across all groups. \*\*Serum concentrations of sVEGFR-2 are significantly different between normotensive and preeclamptic pregnancies,  $p = 0.0025$ . \*\*Serum concentrations of sVEGFR-2 are significantly different between HIV-negative normotensive and HIV-positive preeclamptic pregnancies,  $p = 0.0053$ . Data represented as mean and standard deviation.



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**Figure 2:** Serum concentrations of soluble vascular endothelial growth factor 3 (sVEGFR-3) with respect to: (A) Normotensive vs Preeclampsia groups, (B) HIV-negative vs HIV-positive, (C) Across all groups. \*Serum concentrations of sVEGFR-3 are significantly different between HIV-negative normotensive and HIV-negative preeclamptic pregnancies,  $p = 0.0393$ .

## 1 **Discussion**

### 2 **sVEGFR-2**

3 The main finding of our study was the significant downregulation of serum sVEGFR-2 in preeclamptic  
4 compared to normotensive pregnancies, irrespective of HIV status. Our findings are corroborated by  
5 several investigations [15, 17]. Chaiworapongsa *et al.* reported that the expression of sVEGFR-2 is  
6 downregulated in PE pregnancies compared to normotensive pregnancies [17]. The same group  
7 reported a downregulation of sVEGFR-2 as early as 6-10 weeks prior to the onset of the clinical  
8 characteristics of PE [17]. The VEGF/VEGFR-2 signaling pathway plays an important role in  
9 angiogenesis and its dysregulation in PE highlights its potential to be used as an early biomarker for the  
10 detection of possible PE development [15].

11  
12 Under certain physiological conditions such as hypoxia, the bioavailability of VEGF is decreased [40].  
13 Hypoxia inducible factor-1- $\alpha$  (HIF-1- $\alpha$ ) is a key mediator of hypoxic response [41]. In a recent study,  
14 we demonstrated increased placental expression of HIF-1- $\alpha$  in PE compared to normotensive  
15 pregnancies that correlate to their increased syncytiotrophoblast microvesicles concentration in  
16 maternal circulation [42]. These findings suggest that due to the HIF-1- $\alpha$  rich microenvironment of PE,  
17 there may be an insufficient availability of VEGFR-2 for VEGF binding. Additionally, VEGF mRNA  
18 dysregulation and its association with growth factors may control the release of VEGF available to bind  
19 VEGFR-2 [43].

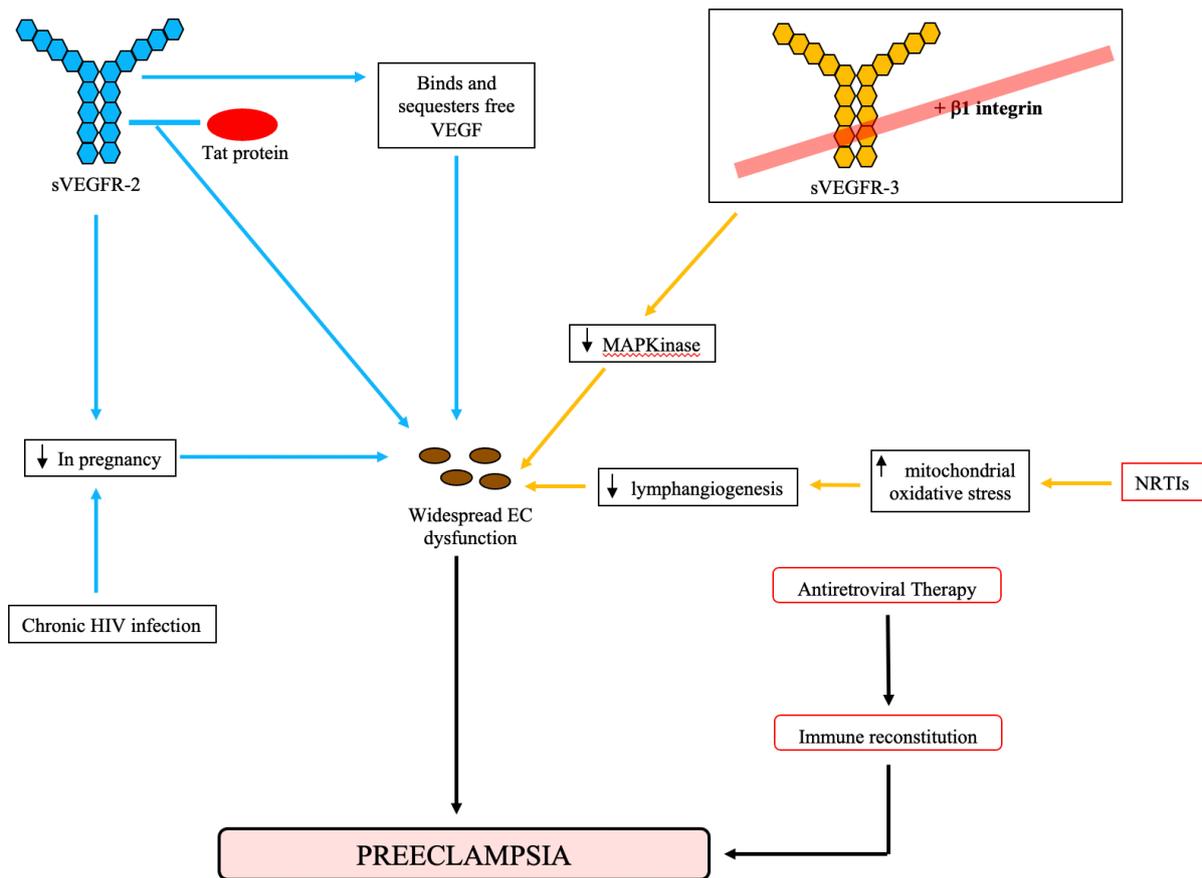
20  
21 Activation of VEGFR-2 through VEGF stimulation via an autocrine/paracrine loop is essential for EC  
22 proliferation, function and survival [44]. Tripathi *et al.* reported a significant reduction in the expression  
23 of VEGFR-2 in syncytiotrophoblasts, cytotrophoblasts, ECs, which is associated with a subsequent  
24 decrease in circulating sVEGFR-2 [15]. During the third trimester of pregnancy, VEGFR-2 is primarily  
25 expressed on the vascular ECs of the placenta [45]. Preeclamptic patients are reported to express  
26 decreased levels of free VEGF [46]; this combined with a decrease in VEGFR-2 may be associated  
27 with the systemic endothelial dysfunction evident in PE. Furthermore, the decreased availability of free

1 VEGF could interfere with the function and survival of ECs; whereby it prevents the stimulation of  
2 VEGFR-2 in ECs, leading to downregulation of sVEGFR-2 (*fig. 3*) [47]. Inhibition of retinal  
3 neovascularization after local administration of recombinant sVEGFR-2, supports the role of sVEGFR-  
4 2 as an anti-angiogenic factor [48]. Additionally, it has been suggested that the administration of  
5 adenovirus encoding murine sVEGFR-2 to non-pregnant rats induces hypertension and proteinuria,  
6 further supporting the anti-angiogenic role of sVEGFR-2 [46]. Since PE is characterized by an anti-  
7 angiogenic state, there should be an increase in sVEGFR-2; however, the expression sVEGFR-2 has  
8 been reported to be downregulated in PE. In accordance with this, our study revealed the  
9 downregulation of sVEGFR-2 in PE [15]. A possible explanation for these observations can be  
10 attributed to the early-in-pregnancy decline of sVEGFR-2; which leads to wide-spread endothelial  
11 damage and might indicate a low regenerative capacity of ECs [49]. This prevents the stabilization of  
12 sVEGFR-2 expression and is possibly responsible for the downregulation of sVEGFR-2 observed in  
13 PE.

14  
15 A decreased concentration of sVEGFR-2 was observed in HIV-positive compared to HIV-negative  
16 groups, albeit non-significantly. A structural homology is evident between tat protein and VEGF-A  
17 [35]. It was reported that VEGF-A is able to bind to sVEGFR-2 [50] hence, it is possible that tat protein  
18 is able to bind to sVEGFR-2 due to their structural homology. The reduced levels of sVEGFR-2 in  
19 HIV-positive women could be due to the binding of tat protein to sVEGFR-2 which leads to a decrease  
20 of sVEGFR-2 in maternal circulation (*fig. 3*). Chronic HIV infection is associated with chronic arterial  
21 injury and subsequent EC damage [51]. Therefore, it is plausible to assume that chronic HIV infections  
22 leads to the inability of ECs to produce VEGFR-2 which leads to a decrease of sVEGFR-2 expression  
23 in HIV-positive pregnant women, irrespective of pregnancy type. Furthermore, we observed a  
24 significant decrease of sVEGFR-2 in HIV-positive preeclamptic pregnancies in comparison to HIV-  
25 negative normotensive pregnancies. Preeclampsia and HIV infection share opposing immune responses  
26 [51]. However, administration of ART reconstitutes the immune response in HIV infection, initiating  
27 an immuno-inflammatory state [51]. Additionally, Suy *et al.* reported that women exposed to HAART  
28 prior to pregnancy are at a greater risk of developing PE compared to treatment-naïve pregnant women

1 [33]. The ART-induced immuno-inflammatory state, along with the immuno-inflammatory state of PE  
 2 may result in chronic inflammation. Endothelial dysfunction is a consequence of chronic inflammation  
 3 [52]; hence, it is plausible that the heightened endothelial dysfunction leads to severely reduced  
 4 sVEGFR-2 expression in HIV-associated PE.

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6

7 **Figure 3:** Schematic representation of sVEGFR-2 and sVEGFR-3, HIV infection and ART in PE development.

8

9 *sVEGFR-3*

10 This study also reports a downregulation of sVEGFR-3 in preeclamptic pregnancies compared to  
 11 normotensive pregnant women, albeit non-significantly. Our observations are supported by Lely *et al.*  
 12 who reported a significant decrease of sVEGFR-3 in preeclamptic compared with normotensive  
 13 pregnancies; an anti-angiogenic and anti-lymphangiogenic factor that binds and sequesters VEGF-C  
 14 [18]. However, it is important to note that the origins of the circulatory factors were unknown [18].  
 15 Both VEGF-C and VEGF-D bind to membranous VEGFR-3, thus this receptor is associated with

1 lymphangiogenesis [53]. Preeclampsia is characterized as expressing decreased sVEGFR-3, slightly  
2 decreased sVEGFR-2 and increased VEGF-C [18]. The lower ratio of sVEGFR-2 + sVEGFR-3/VEGF-  
3 C is descriptive of a pro-lymphangiogenic state in PE. Lely *et al.* attributed the pro-lymphangiogenic  
4 state of PE to a compensatory mechanism in response to the exacerbated inflammatory state of PE [18].  
5 The involvement of the lymphangiogenic pathway in the synergy of PE and HIV infection is yet to be  
6 elucidated; due to a paucity of available literature exploring the functional role of sVEGFR-3 in  
7 hypertension-related disorders as well as in HIV infection. Nevertheless, Machnik *et al.* showed that  
8 dysregulation of the VEGF-C/VEGFR-3 pathway in rats promotes the development of salt-sensitive  
9 hypertension [54]. It is plausible to assume that sVEGFR-3 has a greater affinity for binding VEGF-C  
10 than VEGFR-3 based on the trends observed in soluble isoforms of VEGFR. In this scenario, it is  
11 possible that sVEGFR-3 binds and sequesters a significant concentration of VEGF-C leading to  
12 dysregulation of the lymphangiogenic pathway, whilst the increased levels of VEGF-C can be attributed  
13 to a compensatory mechanism to the dysregulation.

14  
15 Activation of the VEGF-C/VEGFR-3 pathway attenuates the production of proinflammatory cytokines  
16 [55]; however, the increase of proinflammatory cytokines, TNF- $\alpha$  and IL-6 [56], in PE indicate an  
17 inhibition of this pathway. Vascular remodeling of the uterus to increase blood flow during pregnancy  
18 is regulated by VEGFR-3 [57] which is possibly downregulated in PE due to the evidence of incomplete  
19 spiral artery remodeling in PE. Downregulation of VEGFR-3 signaling in lymphatic ECs may prevent  
20 the activation of the mitogen-activated protein kinase (MAPKinase) pathway that is essential for the  
21 survival of ECs [58]. Thus, inhibition of the MAPKinase pathway can promote PE development due to  
22 dysregulation of EC survival. Additionally, activation of signal transduction pathways of both  $\beta$ 1  
23 integrins and VEGFR-3 are essential for EC migration, growth, differentiation, and adhesion [59]. Due  
24 to the anti-angiogenic state of PE, we speculate that there is a lack of  $\beta$ 1 integrin stimulation and  
25 subsequent inactivation of the MAPKinase pathway as well as the function of VEGFR-3 (*fig. 3*). The  
26 molecular interactions of sVEGFR-3 in PE and HIV infection remains to be thoroughly investigated,  
27 however current data shows a link between sVEGFR-3 and the pathophysiology of PE.

1  
2 Furthermore, our results showed a trend of higher sVEGFR-3 concentration in HIV-positive compared  
3 to HIV-negative women, regardless of pregnancy type. Angiogenesis and lymphangiogenesis are  
4 downregulated during HIV infection treatment with nucleoside/nucleotide reverse transcriptase  
5 inhibitors (NRTIs), due to their induction of mitochondrial oxidative stress that leads to damage of the  
6 RTK signaling in ECs (*fig. 3*) [60]. Protease inhibitors (PIs) are also reported to decrease progesterone  
7 levels in trophoblast cells which leads to dysregulated trophoblast cell proliferation and migration [61].  
8 Kala *et al.* reported that ART incorporating PIs disrupts the normal physiology of uterine  
9 decidualization and spiral artery remodeling in animal and human models [62]. Additionally, Conroy  
10 *et al.* reported an increase in anti-angiogenic factors in HIV-positive women receiving ART [63]. Since  
11 all HIV-positive patients in our study received ART treatment, it is plausible that the increase in  
12 sVEGFR-3 during HIV infection is due to ART and its potential to inhibit lymphangiogenesis. In further  
13 support of this, we also observed a trend of sVEGFR-3 elevation in HIV-positive PE groups compared  
14 to HIV-negative PE groups.

15  
16 The exclusion of the severity of PE and viral load on sample collection was a limitation in our study. It  
17 is plausible that the expression of soluble angiogenic factors and their receptors will differ in different  
18 severities of PE and HIV infection. Also, viral load was not conducted as this is not a standard of care  
19 in SA. Furthermore, this study did not identify the origin of sVEGFR-2 and sVEGFR-3 in maternal  
20 circulation during normotensive and complicated pregnancies. Nonetheless, the strength of this study  
21 is the analysis of soluble VEGFR rather than membrane bound VEGFR. The concentration of soluble  
22 VEGFR is easier to grasp in a clinical location and is less affected by preanalytical variation risks such  
23 as risk of platelet activation during serum sample preparation.

24  
25 The epigenetic regulatory mechanism of microRNAs in pregnancy-related disorders warrants further  
26 investigation in order to establish an understanding of the post-transcriptional evolution of sVEGFR-2  
27 and sVEGFR-3. We recommend investigating the genetic polymorphisms of sVEGFR-2 and sVEGFR-  
28 3 in an attempt to elucidate the regulation of anti-angiogenic genes. Further research investigating

1 expression of these factors with regards to the severity of the diseases, as well as the effect of HAART  
2 on their expressions are recommended. Additionally, it will be beneficial to conduct a large-scale study  
3 investigating the functional role of sVEGFR-2 and sVEGFR-3 in pregnancy, PE, and HIV infection.  
4

## 5 **Conclusion**

6 This novel study demonstrates a downregulation of both sVEGFR-2 and sVEGFR-3 in preeclamptic  
7 compared to normotensive pregnancies, irrespective of HIV status. The decline of sVEGFR-2 early in  
8 pregnancy can cause EC damage which further downregulates the expression of sVEGFR-2 in PE. It is  
9 possible that sVEGFR-3 has a greater affinity for binding VEGF-C compared to VEGFR-3; thus, we  
10 speculate that sVEGFR-3 binds and sequesters VEGF-C, leading to the dysregulation of the lymphatic  
11 pathway in PE. Additionally, based on HIV status, this study reports a downregulation of sVEGFR-2  
12 in HIV-positive women; whilst sVEGFR-3 was upregulated in HIV-positive pregnant women. The  
13 decline of sVEGFR-2 is possibly due to the EC damage that arises from chronic HIV infection. The tat  
14 protein shares similar structural sequences with the mRNA of VEGF-A; therefore, it can bind to  
15 sVEGFR-2; hence, it is possible to assume that the binding of tat protein significantly contributed to  
16 the downregulation of sVEGFR-2 in HIV-positive women. Antiretroviral therapy significantly impacts  
17 trophoblast proliferation and migration; and has been associated with impaired uterine decidualization  
18 and vascular remodeling, and lymphangiogenesis. Future investigations should focus on the differential  
19 expression of anti-angiogenic factors at the level of gene expression in pregnancy and related disorders.  
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## **CHAPTER THREE**

1 **Review Article: The involvement of MicroRNAs in SARS-CoV-2 infection comorbid with HIV-**  
2 **associated preeclampsia.**

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In light of the COVID-19 pandemic, the South African COVID-19 lockdown and the institutional shutdown a review paper was written and submitted to a DoHET peer-reviewed journal, herein presented in the manuscript format.

**Citation:**

Tashlen Abel, Jagidesa Moodley and Thajasvarie Naicker (2020). The involvement of MicroRNAs in SARS-CoV-2 infection comorbid with HIV-associated preeclampsia. **Submitted** to *Current Hypertension Reports*, Manuscript ID: HYPR-D-20-00090R1.

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**Current Hypertension Reports**  
**The involvement of MicroRNAs in SARS-CoV-2 infection comorbid with HIV-associated Preeclampsia**  
 --Manuscript Draft--

<b>Manuscript Number:</b>	HYPR-D-20-00090R1
<b>Full Title:</b>	The involvement of MicroRNAs in SARS-CoV-2 infection comorbid with HIV-associated Preeclampsia
<b>Article Type:</b>	Review
<b>Section/Category:</b>	Preeclampsia
<b>Corresponding Author:</b>	Tashlen Abel, MSc University of KwaZulu-Natal Nelson R Mandela School of Medicine: University of KwaZulu-Natal College of Health Sciences Durban, KwaZulu-Natal SOUTH AFRICA
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<b>Order of Authors:</b>	Tashlen Abel, MSc Jagidesa Moodley Thajasvarie Naicker
<b>Order of Authors Secondary Information:</b>	
<b>Funding Information:</b>	
<b>Abstract:</b>	<p>Purpose of review: This review investigated the potential role of microRNAs (miRNAs) in the synergy of Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) infection, preeclampsia (PE), and Human Immunodeficiency Virus (HIV) infection. Maternal health is a great concern when treating pregnant women fighting this triad of diseases that is highly prevalent in South Africa. MicroRNAs (miRNAs) are involved in fine-tuning of physiological processes. Disruptions to the balance of this minute protein can lead to various physiological changes that are sometimes pathological.</p> <p>Recent findings: MicroRNAs have recently been implicated in PE and have been linked to the anti-angiogenic imbalance evident in PE. Recent in silico studies have identified potential host miRNAs with anti-viral properties against SARS-CoV-2 infection. Studies have demonstrated dysregulated expression of several miRNAs in HIV-1 infection along with the ability of HIV-1 to downregulated anti-viral host microRNAs.</p> <p>Summary: This review has highlighted the significant gap in literature the potential of miRNAs in HIV-associated PE women in synergy with the novel SARS-CoV-2 infection. In addition, this review has provided evidence of the critical role that the epigenetic regulatory mechanism of miRNA play in viral infections and PE; thereby providing a foundation for further research investigating the potential of therapeutic miRNA development with fewer side-effects for pregnant women.</p>

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2 **THE INVOLVEMENT OF MicroRNAs IN SARS-CoV-2 INFECTION COMORBID WITH**  
3 **HIV-ASSOCIATED PREECLAMPSIA**

4  
5 Tashlen Abel<sup>1\*</sup>, Jagidesa Moodley<sup>2</sup> and Thajasvarie Naicker<sup>1</sup>

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1 **Abstract**

2 **Purpose of review:** This narrative review investigated the potential role of microRNAs  
3 (miRNAs) in the synergy of Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-  
4 2) infection, preeclampsia (PE), and Human Immunodeficiency Virus (HIV) infection.  
5 Maternal health is a great concern when treating pregnant women fighting this triad of diseases  
6 that is highly prevalent in South Africa. MicroRNAs (miRNAs) are involved in fine-tuning of  
7 physiological processes. Disruptions to the balance of this molecule can lead to various  
8 physiological changes that are sometimes pathological.

9 **Recent findings:** MicroRNAs have recently been implicated in PE and have been linked to the  
10 anti-angiogenic imbalance evident in PE. Recent *in silico* studies have identified potential host  
11 miRNAs with anti-viral properties against SARS-CoV-2 infection. Studies have demonstrated  
12 dysregulated expression of several miRNAs in HIV-1 infection along with the ability of HIV-  
13 1 to downregulated anti-viral host microRNAs.

14 **Summary:** This review has highlighted the significant gap in literature the potential of miRNAs  
15 in HIV-associated PE women in synergy with the novel SARS-CoV-2 infection. In addition,  
16 this review has provided evidence of the critical role that the epigenetic regulatory mechanism  
17 of miRNA play in viral infections and PE; thereby providing a foundation for further research  
18 investigating the potential of therapeutic miRNA development with fewer side-effects for  
19 pregnant women.

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21 **Keywords:** Human Immunodeficiency Virus, Hypertension, MicroRNA, Preeclampsia,  
22 Pregnancy, SARS-CoV-2 infection

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1 **Declarations**

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4

5 ***Conflicts of interest/Competing interests***

6 The authors declare that there are no conflicts of interest.

7

8 ***Availability of data and material***

9 All articles reviewed in this review paper are available online.

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11 ***Availability of data and material***

12 Not applicable

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14 ***Authors Contributions***

15 Not applicable

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## 1 **Introduction**

2 The novel Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) emerged in late  
3 November 2019 and has led to the Coronavirus Disease 2019 (COVID-19) pandemic [1]. It is  
4 believed that SARS-CoV-2 originated from a wild meat market in Wuhan, Hubei, China [2].  
5 Severe Acute Respiratory Syndrome Coronavirus 2 transmission occurs across humans  
6 regardless of age and sex; however, it is more prevalent amongst the elderly, the overweight,  
7 and those with asthma, diabetes, and other immunocompromised conditions [3]. According to  
8 the World Health Organization (WHO), South Africa (SA) has the highest COVID-19  
9 prevalence in Africa. Despite an “early hard lockdown” by the country, more than 700 000  
10 South Africans have been infected with SARS-CoV-2 as of October 2020 [4]. Considered to  
11 be a low- and middle-income-country (LMIC), it seems unlikely that SA will avoid a fall in  
12 the local economy. Hence, it is of utmost important to rapidly discover solutions to overcome  
13 the COVID-19 pandemic.

14  
15 MicroRNAs (miRNAs) are endogenous small non-coding RNAs that are able to post-  
16 transcriptionally regulate the expression of proteins through modulation of the protein’s  
17 mRNA. MicroRNAs are approximately 22 nucleotides long and possess a long half-life and  
18 stability that is 10 times stronger than messenger RNAs (mRNAs), even in extracellular fluids  
19 like urine and plasma [5]. MicroRNAs are able to degrade mRNA and suppress protein  
20 translation when the 5’ terminal of miRNA pairs with the 3’-untranslated region (3’-UTR) of  
21 mRNA [6, 7]. When miRNAs are incompletely complementary to multiple sites in the 3’-UTR,  
22 protein synthesis is inhibited [8]. In comparison, when completely base-paired, a single  
23 phosphodiester bond is cleaved leading to degradation of the target mRNA [8].

24

1 Host miRNAs have been reported to be involved in cell proliferation, angiogenesis, immune  
2 cell development, and apoptosis [9]. Differential expression of miRNAs have been implicated  
3 in several viral diseases [10], cancer [9], diabetes [11], schizophrenia [12], and cardiovascular  
4 diseases [13]. The diverse role of miRNAs ignites the curiosity of its role in contemporary  
5 diseases and associated conditions.

6  
7 Hypertensive disorders in pregnancy (HDP) are one of the commonest direct causes of  
8 mortality and morbidity worldwide; approximately 94% of maternal deaths occur in LMIC [14,  
9 15]. Furthermore, it is responsible for 18% of all maternal deaths in SA [14].

10

11 Preeclampsia is an HDP of unknown origin that complicates 5-8% of pregnancies worldwide  
12 [16] and occurs more frequently in LMIC compared to high income countries [17, 15].

13 Preeclampsia is characterized by new-onset hypertension (systolic blood pressure  $\geq 140$  mmHg  
14 or diastolic blood pressure  $\geq 90$  mmHg) with or without excessive proteinuria ( $\geq 300$  mg every  
15 24 hours); the disorder presents with the clinical signs of hypertension at or after 20 weeks'  
16 gestation [18]. The diagnosis of PE is also made in the absence of proteinuria when there is  
17 evidence of multi-organ involvement such as acute kidney injury, neurologic signs, liver  
18 disease and intrauterine foetal growth restriction. In addition, evidence of haemolysis, elevated  
19 liver enzymes and low platelet counts, leads to a diagnosis of HELLP syndrome [19, 20].

20

21 The Human Immunodeficiency Virus (HIV) attack cells of the immune system thereby  
22 weakening immunity which leads to the host being susceptible to other infections and diseases.

23 [21]. HIV infection is a global concern with over 30 million people living with HIV at the end  
24 of 2019 [22]. In 2019, 13.5% of the South African population was infected with HIV (7.97  
25 million) [23]. South Africa has the highest antiretroviral (ARV) “rollout program” in the world

1 with 4.7 million citizens receiving treatment [24]. The world health organization (WHO) has  
2 recommended that all infected humans initiate and continue the life-long use of HAART as a  
3 treatment for HIV [25]. Pregnant and breast-feeding women are also encouraged to continue  
4 with HAART treatment as it was shown to markedly reduce mother to child transmission [25].  
5 However, antiretrovirals (ARVs) may be associated with PE predisposition [26]. Maternal  
6 deaths from HIV infection is high (>34%) in SA followed by obstetric haemorrhage and HDP  
7 [15]. Several studies have postulated that HIV infection influences the rate of PE development  
8 [27-31].

9

10 In light of the high maternal mortality emanating from HIV infection and PE it is of paramount  
11 importance that one examines their interaction with this new deadly COVID-19 pandemic. This  
12 review will address the missing gaps in literature concerning the effects of microRNAs in HIV-  
13 associated PE comorbid with COVID-19; thereby providing a foundation for further research  
14 investigating the triad of inflammatory-related conditions.

15

## 16 **Severe Acute Respiratory Syndrome Coronavirus 2**

17 Severe Acute Respiratory Syndrome Coronavirus 2 belongs to the subfamily of Beta  
18 coronaviruses, similar to SARS-CoV-1 and MERS-CoV [32]. SARS-CoV-2 is an enveloped  
19 virus with positive-sense single-stranded RNA (+ssRNA). Beta coronavirus have been  
20 attributed to be the most fatal subfamilies of coronaviruses [32]. Based on current knowledge,  
21 SARS-CoV-2 is composed of four structural and functional proteins which include the spike,  
22 membrane, envelope, and nucleocapsid proteins, together with RNA viral genome [33].

23

24 The route of COVID-19 spread is similar to other coronaviruses via human to human contact.  
25 Humans have a basic biological imperative to connect with other people, making human to

1 human contact a very efficient way to amplify viral dissemination. However, it is also spread  
2 through the oral-fecal route [34, 35]. SARS-CoV-2 infection occurs in three stages [36]. Stage  
3 one includes the incubation period which lasts for approximately 5 days. The virus becomes  
4 detectable in stage two and the patient displays mild flu-like symptoms. Stage three presents  
5 with severe symptoms which include acute respiratory distress syndrome (ARDS), multi-organ  
6 involvement and subsequent death [36].

7

8 Upon entry of the virus into the host, SARS-CoV-2 attaches to angiotensin converting enzyme  
9 2 (ACE 2) receptors of pneumocytes, thereby infecting host cells [37]. Current literature  
10 suggests that the receptor binding domain of SARS-CoV-2 spike protein is activated via  
11 cleavage by transmembrane serine protease 2 (TMPRSS2) [38, 39]. Severe Acute Respiratory  
12 Syndrome Coronavirus 2 is then able to follow normal trends in viral infection such as  
13 replication, maturation, and release of virions. Since ACE 2 receptors are involved in  
14 pregnancy [40], it is plausible that SARS-CoV-2 infection predispose pregnancy  
15 complications.

16

### 17 **Soluble Angiotensin Converting Enzyme 2 in SARS-CoV-2 infection**

18 ACE 2 is a membrane bound protein (surface protein) that is used by SARS-CoV-2. A  
19 Disintegrin and metalloproteinase domain-containing protein 10 (ADAM 10) and ADAM 17  
20 are ectodomain sheddases that are able to cleave the extracellular domain of ACE 2 between  
21 amino acids 716 and 741; producing the soluble form of ACE 2 (sACE 2) that is released into  
22 maternal circulation [41].

23

24 Individuals with metabolic conditions have a higher expression of angiotensin II, whereas  
25 healthy individuals express angiotensin (1-7) [42]. SARS-CoV-2 has a greater affinity for

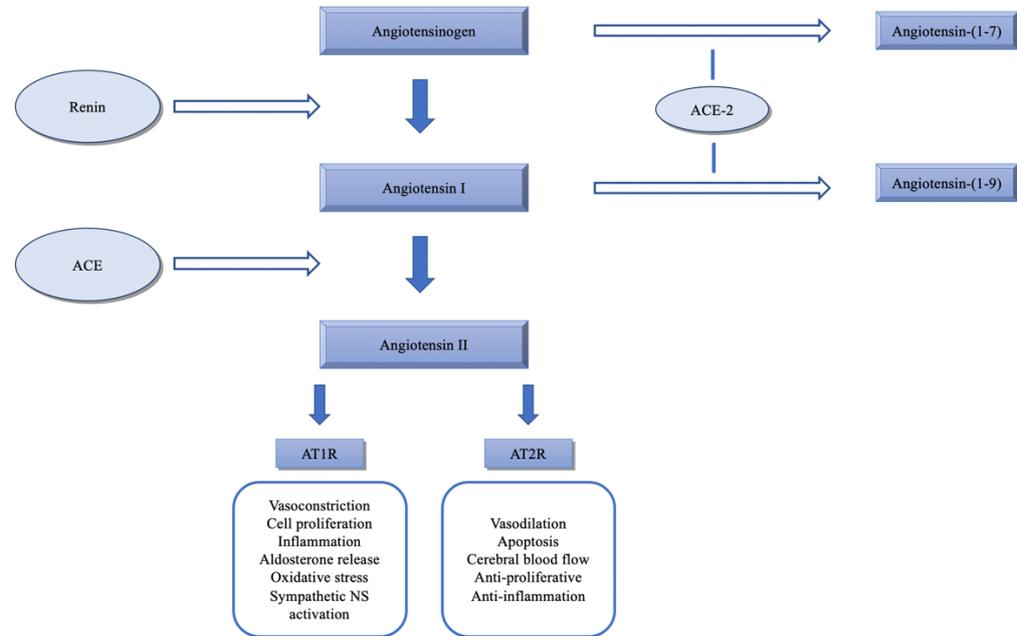
1 sACE 2 in comparison to the membrane-bound form, indicative of potential therapeutic  
2 properties [43]. Soluble ACE 2 can potentially neutralize SARS-CoV-2, thereby reducing viral  
3 pathogenicity [42, 43]. In light of the dire pandemic, it is vital that we investigate the properties  
4 of sACE 2 and its potential therapeutic benefits in HIV-positive preeclamptic women comorbid  
5 with COVID-19.

6

### 7 **The role of Angiotensin Converting Enzyme 2 in pregnancy and Preeclampsia**

8 In a normal physiological environment, the juxtaglomerular cells of the kidney secrete renin,  
9 which enzymatically converts angiotensinogen to angiotensin I [44]. Angiotensin Converting  
10 Enzyme (ACE) converts angiotensin I to angiotensin II [45]. Angiotensin II functions to  
11 increase blood pressure by acting on the kidney, brain, arterioles, and adrenal cortex, via its  
12 receptors – angiotensin II type 1 receptor (AT1R) and angiotensin II type 2 receptor (AT2R),  
13 shown in **fig.1** [46]. Angiotensin Converting Enzyme 2 serves as a regulatory mechanism by  
14 degrading angiotensin II to angiotensin-(1-7) and angiotensin I to angiotensin-(1-9), which  
15 have opposing effects to that of angiotensin II [47]. Thus, ACE 2 maintains a balance in the  
16 renin-angiotensin system (RAS).

17



1  
2 **Fig. 1** Schematic representation of the Renin-angiotensin system and the physiological role of ACE-2  
3 receptors  
4

5 Pregnancies begin along various psychological, physical and physiological changes in the  
6 body. It is critical that salt-balance and blood pressure (BP) are maintained during pregnancy,  
7 which is a principle function of the RAS. From week 6 of gestation all components of the  
8 classical RAS are found in placental tissue, with the potential to regulate villous and  
9 extravillous cytotrophoblast (EVT) proliferation, extravillous cytotrophoblast migration,  
10 invasion and placental angiogenesis [48]. Placental RAS is a vital component for the  
11 suboptimal regulation of blood flow at the maternal-foetal interface, hence its dysregulation  
12 may predispose HDP such as PE [49, 50]. ACE 2 is expressed in human placenta within  
13 syncytiotrophoblasts (ST), cytotrophoblasts (CT), endothelium, and vascular smooth muscle  
14 of conducting villi [51]. Interestingly, ACE 2 is also expressed in the invasive interstitial and  
15 intravascular trophoblast cell populations, as well as within decidual cells [51]. This highlights  
16 the potential for COVID-19 to induce, mimic or accelerate PE as the SARS-CoV-2 infection

1 exploits ACE 2. The exploitation of ACE 2 by SARS-CoV-2 highlights its ability to induce or  
2 accelerate PE development.

3

4 In normal pregnancies, there is a slight increase in the expression of angiotensin II albeit  
5 without vasoconstriction or rise in systemic BP because of the development of a refractoriness  
6 to the effect of angiotensin II [52, 53]. In contrast, pregnancies complicated by PE are highly  
7 sensitized to angiotensin II [54]. This correlates with the clinical findings of PE, which include  
8 evidence of elevated BP. Studies by Merrill *et al.* and Valdés *et al.* provide evidence of  
9 angiotensin 1-7 downregulated in the plasma of PE compared to normotensive healthy  
10 pregnancies [55, 56]. These studies confirm potential of ACE 2 suppression in PE.

11

## 12 **Pathophysiology of Preeclampsia**

13 The etiology of PE has not been fully elucidated however, it is believed to occur in two stages  
14 [57]. The preclinical stage of PE development involves deficient EVT invasion of the uterine  
15 spiral arterioles. In this stage, endovascular trophoblast invasion does not progress beyond the  
16 decidual segment of the spiral artery, additionally there is reduced interstitial myometrial  
17 invasion [58]. Defective spiral artery remodeling causes placental hypoxia, leading to a shift  
18 in the balance of antiangiogenic and proangiogenic factors [58]. Soluble endoglin (sEng) is an  
19 antiangiogenic factor that was found to be overexpressed in the serum of preeclamptic women  
20 [59]. Endoglin (Eng), a transmembrane glycoprotein that is highly expressed on vascular  
21 endothelium, functions as a co-receptor for transforming growth factor beta (TGF- $\beta$ ) [60]. In  
22 contrast, sEng inhibits the normal physiology of TGF- $\beta$  by binding to circulating TGF-beta,  
23 which leads to dysregulation of TGF- $\beta$  signalling in ECs [59]. Transforming growth factor  
24 receptor I (TGFR-I), otherwise referred to as activin receptor-like kinase 5 (ALK5), and  
25 transforming growth factor receptor II (TGFR-II) function as native receptors of TGF- $\beta$  [61].

1 It was reported that sEng can potentially inhibit the downstream signalling of TGF- $\beta$ , including  
2 effects on activation of endothelial nitric oxide synthase (eNOS) and vasodilation [59].

3  
4 Angiogenic imbalance leads to the clinical stage in which an increase in antiangiogenic factors  
5 causes widespread damage to the maternal endothelium [62]. This stage presents the clinical  
6 features of PE, including hypertension, proteinuria, and intrauterine growth restriction (IUGR)  
7 [63]. Delivery of the placenta usually causes rapid resolution of the clinical signs of the disease,  
8 making it the only treatment available, which often includes premature delivery of the fetus  
9 [64].

10

### 11 **The expression of microRNAs in pregnancy**

12 Pregnancy is a time of significant changes in the body in order to prepare for and accommodate  
13 the developing fetus. MicroRNAs are able to regulate many of these changes through its control  
14 over the expression of mRNA. MicroRNAs have been implicated in the earliest stages of  
15 pregnancy, including embryo implantation [65]. After implantation, the trophoblast cell lineage  
16 is the first to begin differentiating [66]. Cuman *et al.* noted miR-661 and miR-372 upregulation  
17 in blastocysts that failed to implant [67], the expression of miR-372 was supported by  
18 Rosenbluth *et al.* as they found a similar expression [68]. In contrast, miR-142-3p is highly  
19 expressed in blastocysts that successfully implanted according to a pilot study conducted by  
20 Borges *et al.* [69]. This suggests an involvement of miRNA in ectopic pregnancies and  
21 miscarriages. Although differential expression profiling of miRNAs is achievable, the results  
22 are not easily reproducible, as evident in significant variations between similar investigations.  
23 The difficulty in reproducing results may be explained due to differences in laboratory conduct  
24 of the study, methodological differences, differences in miRNA array panels, as well as the use

1 of either stored or fresh samples [65]. MicroRNA expression is a very dynamic process and  
2 varies greatly with the requirements needed at different times [65].

3  
4 The endometrium is essential for successful embryo implantation. Kresowik *et al.* identified  
5 miR-31 to be overexpressed in endometrium in the mid-secretory phase [70]. MicroRNA-31  
6 is a potent miRNA that inversely regulates forkhead box P3 (FOXP3), a transcription factor  
7 for T regulatory cells and CXCL12, a homeostatic chemokine. CXCL12 is a chemoattractant  
8 for uterine NK cells, with the potential to be involved in providing a suitable environment that  
9 is immune-tolerant in the secretory phase [65]. Tochigi *et al.* and Estella *et al.* investigated the  
10 miRNA expression profiles between decidualized human endometrial stem cells (hESC) and  
11 control hESC, only miR-155 was commonly expressed in both studies [71, 72].

12  
13 The attachment of the blastocyst to the uterine endothelial wall occurs 4-6 days post-  
14 conception; following this, the placenta begins to develop [73]. MicroRNAs are highly  
15 expressed in the human placenta which undergoes physiological changes throughout  
16 pregnancy [74, 75]. The precise role of miRNAs in the placenta are yet to be identified.  
17 However, the placenta releases placental miRNAs into the maternal circulation, hence is found  
18 in maternal serum and plasma and placental tissue. The expression of placental miRNAs are  
19 associated with HDPs, such as PE [76]. Previous studies have highlighted the presence of  
20 hypoxic conditions in PE compared to healthy controls [77, 78, 58]. MicroRNA-210 is  
21 upregulated in trophoblast cells cultured in hypoxic environments, and importantly, in PE [79].  
22 Additionally, miRNAs that are involved in angiogenesis and immune cell developments are  
23 dysregulated in trophoblastic cells cultured in hypoxic conditions [80-83]. Thus, there exists a  
24 possible influence of miRNAs in the progression of normal pregnancies, and in pathological  
25 pregnancies.

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## **MicroRNAs in pregnancies complicated by Preeclampsia**

There are significant gaps in the investigation of miRNAs in pregnancy-related complications and there is a paucity of data on the miRNA regulation of sEng. Importantly, the miRNA regulation of sFlt-1 is yet to be elucidated as no miRNA has been directly correlated with the regulation of sFlt-1 [84]. Nevertheless, Shyu *et al.* reported that miR-208a is responsible for the activation of Eng and collagen I in the stimulation of myocardial fibrosis [85]. This was supported by similar studies [86, 87]. Furthermore, several miRNAs have been suggested to play a role in trophoblast proliferation and invasion, including direct effect on TGF- $\beta$  signalling. An investigation analysing the HTR-8/SVneoplacental cell line concluded that miR-376c inhibits ALK5 [88]. Also, miR-29b directly binds to the 3'-UTRs of myeloid cell leukaemia sequence 1, matrix metalloproteinase 2, VEGF-A and integrin- $\beta$ 1 [89]. When miR-29b is upregulated in the placenta, it causes trophoblastic apoptosis and inhibition of trophoblast invasion and angiogenesis [89]. MicroRNA-193b is increased in preeclamptic patients [90]. Zhou *et al.* showed that miR-193b-3p decreases migration and invasion of HTR-8/SVneoplacental cells [90]. Interestingly, inhibition of miR-126 in mouse embryos led to abnormal vasculogenesis, haemorrhage, and loss of vascular integrity [91]. This indicated that miR-126 is necessary for proper vessel formation.

## **Placental hypoxia**

Abnormal trophoblast invasion of the placenta in PE leads to hypoperfusion of the placenta and ultimately accelerates the placenta into a hypoxic state. The hypoxic state that is associated with PE correlates with the decrease of eNOS and nitric oxide (NO) in preeclamptic patients. MicroRNA-222 was reported to induce the production of eNOS [92] yet was found to be downregulated in the placenta of PE patients [93]. Furthermore, miR-155 was identified to

1 negatively regulate the expression of eNOS in trophoblastic cells [94]. It was also found to be  
2 increased in PE placenta, suggesting a negative regulatory role of miR-155 in the migratory  
3 behaviour of trophoblasts through the regulation of eNOS [94]. Sun *et al.* showed that miR-  
4 155 exerts its inhibitory effects on eNOS by binding to the 3'-UTR of eNOS mRNA and  
5 suggested that silencing of this miRNA can lead to improvement of endothelial dysfunction  
6 [95]. Dai *et al.* reported that miR-155 may inhibit trophoblast invasion and proliferation by  
7 downregulating cyclin D1; furthermore another investigative group reported that miR-155 can  
8 inhibit trophoblast invasion by decreasing eNOS expression [96]. This can lead to an  
9 exaggerated hypoxic state of the placenta in PE.

10

11 Many studies have highlighted the overexpression of miR-210 in preeclamptic placentae and  
12 plasma [97]. MicroRNA-210, believed to be a miRNA that is induced by hypoxia, is one of the  
13 most studied miRNAs [98]. The hypoxic state of the placenta in PE causes oxidative stress  
14 which leads to the upregulation of hypoxia inducing factor 1- $\alpha$  (HIF-1- $\alpha$ ) in placental tissue  
15 [98]. Research has revealed that miR-210 is regulated by HIF-1- $\alpha$ , thereby creating a positive  
16 feedback loop inducing hypoxia.

17

## 18 **Angiogenesis**

19 There is evidence of abnormal angiogenesis in PE. Vascular endothelial growth factor (VEGF)  
20 is a potent proangiogenic factor, that plays a pivotal role in angiogenesis, particularly in  
21 endothelial cell proliferation, invasion, and migration [99]. It promotes the production of NO  
22 and prostacyclin in the maternal vascular system [100]. Phosphoinositide-3-kinase regulatory  
23 subunit 2 (PIK3R2) and sprout-related drosophila enabled/vasodilator-stimulated  
24 phosphoprotein homology 1 (EVH1) domain are a part of the VEGF signalling pathway and  
25 are targets of miR-126 [101, 91]. It was reported that miR-126 was downregulated in PE

1 patients and the expression of miR-126 is directly proportional to the expression of VEGF  
 2 mRNA [101]. VEGF is also targeted by miR-29b, miR-16, and miR-155 as they inhibit the  
 3 expression of VEGF-A [89, 102, 103]. They also inhibit trophoblast cell invasion and tube  
 4 formation apart from suppressing VEGF-A, thus they are involved in placental angiogenesis.  
 5 Ephrin-B2 (EFNB2) has been identified to influence angiogenesis. MicroRNA-126, miR-20a,  
 6 miR-17, and miR-20b have been identified as miRNA regulators of EFNB2 and interestingly,  
 7 they were shown to be differentially expressed in PE [104, 101]. These miRNAs can indirectly  
 8 regulate the expression of VEGF through the inactivation of EFNB2. The microRNAs greatly  
 9 involved in PE are summarised in **table 1**.

11 Placental miRNAs are also released into the maternal circulation, contributing the maternal  
 12 stage of PE, interestingly, miRNAs have also been found to be contained within exosomes,  
 13 nanoparticle carrier proteins, in the maternal circulation [105]. The release of antiangiogenic  
 14 factors and other inflammatory mediators into the maternal circulation lead to the systemic  
 15 endothelial cell inflammation and endothelial cell dysfunction that are characteristic of PE.

17 **Table 1** A summary of microRNAs and their roles in Preeclampsia

MicroRNA	Expression	Target Gene	Reference
miR-29b	Upregulated	MCL1, MMP2, VEGF-A, ITGB1	[89]
miR-126	Downregulated	VEGFA, EFNB2, CRK	[101]
miR-222	Downregulated	eNOS, PTEN, BCL2L11,	[93]
miR-155	Upregulated	eNOS, Cyclin D1	[94]
miR-210	Upregulated	HIF1-alpha, NF- kBp50	[97, 79]

18

## 1 **The role of MicroRNAs in modulating HIV-1 infection**

2 HIV infection is one of the more prevalent viral infections in SA [23]. Currently HIV-infected  
3 individuals are treated with HAART [25]. Although HAART is the most effective treatment at  
4 present, it is associated with various side-effects. All pregnant women who are HIV-positive  
5 are required to adopt the HAART treatment in SA, as it reduces mother-to-child transmission  
6 [25]. However, studies have shown that HAART could exhibit a negative influence during  
7 pregnancy. Furthermore, there is evidence that the administration of highly active retroviral  
8 therapy (HAART) to pregnant HIV-positive patients predisposes the development of PE [106,  
9 107]. In an ideal situation, PE patients comorbid with HIV infection would have a  
10 neutralisation of immune response [31, 108]. However, HAART in pregnancy reconstitutes  
11 immune response thereby influencing PE development [107, 109, 110]. In light of this, it is  
12 essential to thoroughly investigate key regulators in HIV-1-infection in order to identify  
13 alternative avenues in the fight against HIV-infection globally. Epigenetic regulatory  
14 mechanisms, specifically miRNAs, have been shown to play a significant role in HIV-  
15 infection, as well as other RNA and DNA viral infections [111].

16

17 Moreover, miRNAs may be partially responsible for the latency period of the HIV [112].  
18 Huang *et al.* reported that several miRNAs were differentially expressed in resting CD4<sup>+</sup> T  
19 cells and activated CD4<sup>+</sup> T cells, including miR-28, miR-125b, miR-150, miR-223 and miR-  
20 382. These miRNAs have also been shown to target the 3' ends of HIV-1 mRNAs.  
21 Additionally, the group showed that inhibition of these miRNAs can stimulate virus production  
22 in resting CD4<sup>+</sup> T cells isolated from HIV-positive individuals receiving HAART [10]. It is  
23 therefore plausible that these differentially expressed miRNAs can inhibit HIV-1 expression in  
24 resting CD4<sup>+</sup> T cells, thereby contributing to the viral latency observed in HIV infection.

25

1 Apart from direct targeting of the HIV-1 mRNAs by miRNAs, cellular miRNAs can indirectly  
2 affect HIV-infection through modulating factors that are essential for HIV-1 expression. Cyclin  
3 T1 protein is responsible for efficient transcription of the viral genome [113]. A study in 2012  
4 reported that the expression of cyclin T1 is reduced in resting CD4<sup>+</sup> T cells however, it is  
5 induced upon activation of CD4<sup>+</sup> T cells [114]. A similar investigation identified miR-198 to  
6 be downregulated during monocyte to macrophage differentiation and reported that miR-198  
7 is able to suppress HIV-1 replication by downregulating cyclin T1 [115].  
8  
9 Houzet *et al.* reported that miR-29a and miR-29b are downregulated in HIV-1-infected patients  
10 and infected peripheral blood mononuclear cells (PBMCs) [116]. It was reported that the host  
11 miRNA, miR-29a targets the *nef* gene of HIV-1. The *nef* protein serves as an accessory protein  
12 of HIV and influences viral pathogenesis [117]. The group suggested that expression of miR-  
13 29a leads to a reduction of *nef* mRNA and a decrease in viral levels was observed [118]. A  
14 study conducted by Nathans *et al.* observed miR-29a to suppress infectivity of HIV through  
15 direct targeting of HIV-1 transcripts to processing bodies (P bodies) [119]. Chable-Bessia *et*  
16 *al.* demonstrated that major components of P bodies are able to negatively regulate HIV-1 gene  
17 expression via blocking of viral mRNA association with polysomes. They also showed that  
18 deletion of these components reactivates the virus in PBMCs isolated from HIV-1 patients  
19 receiving HAART [120]. Thus, the downregulation of miR-29a in HIV infected humans could  
20 serve as a mechanism for the maintenance of a latent state of infection. The miR-29 family is  
21 composed of miR-29a, miR-29b, and miR-29c. It is important to underline that miR-29a and  
22 miR-29b share highly similar sequences [118]. Above and beyond the regulation of *nef*  
23 expression by miR-29a, Ahluwalia *et al.* suggested that miR-29a and miR-29b are able to  
24 suppress virus replication in HEK293T cells and Jurkat T cells [118]. An *in vivo* study revealed  
25 that a cytokine-microRNA pathway could potentially impact HIV-1 replication. Specifically,

1 the group identified the IL-21/miR-29a pathway to be associated with HIV-1 replication and  
2 infectivity [121]. Adoro *et al.* reported that the IL-21/miR-29a pathway suppresses viral  
3 replication since IL-21 stimulated CD4<sup>+</sup> T cells upregulate the expression of miR-29a, and IL-  
4 21 reverses the downregulation of miR-29a induced by HIV-1-infection [122]. This reiterates  
5 the plausibility of the IL-21/miR-29a axis influencing HIV-1 replication and infectivity.

6  
7 As important as host miRNAs are, viruses bring along with it a set of its own miRNAs, referred  
8 to as viral miRNAs (v-miRNAs). The existence of v-miRNAs has been controversial to a  
9 degree due to the failure of reproducing findings [123]. The first v-miRNA that was isolated  
10 from HIV-1 was discovered in 2004 and was termed miR-N367 [124]. However, subsequent  
11 studies that attempted to reproduce the discovery were unsuccessful in their attempts [125-  
12 127].

13  
14 The transactivation-responsive (TAR) element of HIV-1 is an RNA hairpin structure found at  
15 the 5' end of all HIV-1 transcripts [128]. Dominique L Ouellet *et al.* reported that TAR is a  
16 source of miRNAs in cultured HIV-1-infected cell lines and in HIV-1 infected human CD4<sup>+</sup> T  
17 lymphocytes [128]. TAR has been shown to be involved in cell survival and displays anti-  
18 apoptotic properties [129]. HIV-1 TAR miRNAs have been identified to downregulate ERCC1  
19 (excision repair cross complementation group 1) and IER3 (intermediate early response gene  
20 3) which are components involved in apoptosis and cell survival [130]. Therefore, HIV-1  
21 infected cells may be able to evade death and maintain the virulence of HIV-1.

22  
23 The novel microRNAs have proven to have highly intricate regulatory roles in the human  
24 genomes. However, evidence also supports their existence in both RNA and DNA viruses  
25 which can potentially be involved in epigenetic regulation, by both direct and indirect

1 mechanisms. It is thus of paramount importance that miRNAs and v-miRNAs are investigated  
2 more thoroughly utilizing newer sequencing technology. The significant impact of miRNAs in  
3 viruses and hosts highlights the possibility of their role in other viral infections threatening  
4 mankind.

5

### 6 **MicroRNAs in HIV-associated Preeclampsia and COVID-19**

7 There are numerous reports suggesting an interaction of miRNAs in viral infections. A study  
8 investigating the expression of miRNAs in HIV infection found differentially expressed  
9 miRNAs between resting CD4<sup>+</sup> T cells and activated CD4<sup>+</sup> T cells. Specifically, they found  
10 miR-28, miR-125b, miR-150, miR-223, and miR-382 to be differentially expressed [10].  
11 Nersisyan *et al.* conducted an *in silico* analysis of potential host miRNAs that can bind  
12 coronavirus and identified miR-21, miR-195-5p, miR-16-5p, miR-3065-5p, miR-424-5p, and  
13 miR-421 to exhibit this potential [131].

14

### 15 **MicroRNAs in Angiotensin converting enzyme 2 Receptors**

16 ACE 2 receptors are predominantly found on the endothelial cells [132], heart, blood vessels,  
17 and the kidneys [133]. According to several studies, miRNAs are indeed regulators of ACE 2  
18 [134, 135]. ACE 2 abnormalities have been implicated in disorders such as hypertension [136],  
19 cardiovascular disease [13], diabetes [11], and old age [13]. MicroRNA-125b is reported to  
20 directly target the mRNA of ACE 2 [137]. The same miRNA is found to be downregulated in  
21 HIV infected CD4<sup>+</sup> T cells and exhibits anti-viral properties [10]. Thus, it is plausible to  
22 hypothesise that HIV-positive individuals could be at an increased risk of being infected with  
23 SARS-CoV-2 because the host will be experiencing a decline in the expression of miR-125b  
24 due to HIV infection. Since miR-125b is a negative regulator of ACE 2 [10], under HIV-  
25 positive conditions the patients will have an increase in the expression of ACE 2, potentially

1 leading to greater viral entry. Supporting this is the work of Batlle *et al.* who highlighted the  
2 fact that healthier people are at a lower risk of developing severe COVID-19 due to lower  
3 membrane bound ACE 2 expression [42]. MicroRNA-125 is also associated with blocking of  
4 apoptosis when downregulated [138]. This possibly allows for the virus to replicate without  
5 interruption.

6  
7 Recently, miR-155 was reported to be associated with ACE 2 modulation by regulating the  
8 expression of AT1R by silencing AT1R mRNA [139]. This receptor is involved in  
9 cardiovascular homeostasis mechanisms including vasoconstriction, release of catecholamines,  
10 and blood pressure evaluation [140]. Vasoconstriction and elevated blood pressure are  
11 characteristics that are evident in PE. MicroRNA-155 was observed to be upregulated in the  
12 placenta of PE [94] where it negatively regulates the expression of eNOS in trophoblasts. There  
13 is a lack of research investigating miR-155 expression in COVID-19. Nevertheless, miR-155  
14 has been described to exhibit anti-viral properties. Silencing of miR-155 led to an approximate  
15 50% increase in the replication of Rhinovirus [141]. In a case-control study, miR-155 was  
16 found to be upregulated in patients infected with Respiratory syncytial virus (RSV), a condition  
17 associated with bronchial inflammation [142]. The overexpression of miR-155 shows a  
18 correlation with acute inflammatory responses [142]. Theoretically, a preeclamptic patient  
19 would be at a greater risk of experiencing severe symptoms of COVID-19, due to the effect of  
20 miR-155. Although the miRNA is unlikely to cause a pregnant woman to be at risk of being  
21 infected, the endothelial dysfunction seen in PE will be compounded by the dysregulation  
22 effects of miR-155 following SARS-CoV-2 infection. Although there is a paucity of data  
23 regarding the expression of miR-155 in COVID-19, it is possible to assume an initial  
24 downregulation in order to evade immune detection, followed by overexpression when the host  
25 develops an inflammatory response to the infection. Research investigating PE patients with

1 SARS-CoV-2 infection will greatly aid in illuminating the effects of miR-155 both in COVID-  
2 19 and PE, which can lead to possible therapeutic actions from antagomirs (antagonistic  
3 microRNAs).

4  
5 A geographical study including the USA, Wuhan, Italy, India, and Nepal found several anti-  
6 viral host miRNAs that were specific to SARS-CoV-2, one of which was miR-126 [143].  
7 MicroRNA-126 has been identified to target the nucleocapsid of the SARS-CoV-2 [143].  
8 Interestingly, miR-126 is downregulated in PE [101]. The inhibition of miR-126 in mouse  
9 embryos was assessed and it was found that it led to abnormal vessel formation and loss of  
10 vascular integrity [91]. Since miR-126 is decreased in PE, pregnant women with PE could be  
11 at risk of infection due to the loss of an anti-viral miRNA that targets SARS-CoV-2.  
12 Furthermore, it is plausible to expect the further downregulation of miR-126 following  
13 infection, this can lead to further endothelial cell damage in preeclamptic women and hence  
14 contribute to worsening the effects of PE, possibly inducing death. Additionally, miR-126-3p  
15 was found to be downregulated in HIV-1-positive patients receiving HAART. Interestingly,  
16 miR-126-3p was upregulated in patients with HAART resistance in comparison to patients  
17 without resistance [144]. It was indicated that this is suggestive of miR-126 being linked with  
18 HIV treatment failure [144]. This evidence has possible detrimental results for HIV-associated  
19 PE women as both conditions exhibit a decrease in miR-126. Hence, patients with HIV-  
20 associated PE could be at a greater risk of both contraction of SARS-CoV-2 infection and the  
21 experiencing of severe COVID-19. Furthermore, Li *et al.* found several miRNAs to be  
22 differentially expressed in the peripheral blood of patients with COVID-19 [145]. There is a  
23 great need to investigate the expression of miRNAs in COVID-19; which is yet to be achieved.

24

1 **Conclusion**

2 Currently there exists a wide gap in literature interrelating miRNAs and SARS-CoV-2  
3 infection. Analysis of the differential expression of miRNAs in COVID-19 can help identify  
4 those at risk as well as aid in the development of therapeutic approaches. An inflammatory  
5 response is a common characteristic shared between SARS-CoV-2 infection, pregnancy, PE,  
6 and HIV infection. Maternal health should be of utmost importance when SARS-CoV-2  
7 infection arises in HIV-positive preeclamptic women. Thus, further research investigating the  
8 functionality of microRNAs on the synergy of SARS-CoV-2 infection, PE, and HIV infection  
9 could provide significant breakthroughs that will enhance the treatment in pregnant women.  
10 Understanding how miRNAs are affected and identifying which miRNAs are aberrantly  
11 expressed will accelerate the development of a vaccine that will also be safe for pregnant  
12 women diagnosed with HIV-associated PE.

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## **CHAPTER FOUR**

## Synthesis

In SA, maternal morbidity and mortality, and HIV infection is of great concern since the prevalence of HIV infections in pregnant women remains stable at 30% since 2017 (Woldesenbet *et al.*, 2018). The latest maternal mortality audits in SA revealed that approximately 18% of maternal deaths in SA in 2017 were directly associated with HDP, with PE being one of the most clinically diagnosed HDP (National Committee for Confidential Enquiry into Maternal Deaths, 2018). The synergy of PE and HIV infection are major contributors to maternal and perinatal morbidity and mortality in SA. HIV infection and ART have been reported to predispose PE development; however, there are conflicting reports concerning the involvement of HIV infection and ART in PE (Mol *et al.*, 2016; Maharaj *et al.*, 2017). An imbalance of pro- and anti-angiogenic factors is characteristic of PE. Interestingly, ART has been reported to upregulate the expression of anti-angiogenic factors in pregnant women receiving ART (Song *et al.*, 2018). In light of the angiogenic imbalance evident in PE and its association with HIV infection, we investigated the expression of soluble angiogenic factors, sVEGFR-2 and sVEGFR-3, in preeclamptic women infected with HIV.

Furthermore, the novel SARS-CoV-2 infection has caused the COVID-19 pandemic (Wang *et al.*, 2020). By entering the host via mucous and saliva droplets in the air, SARS-CoV-2 enters the hosts' cells by binding to ACE 2 receptors that are located on epithelial tissue (Hoffmann *et al.*, 2020). Pregnancy includes great physiological changes such as an increase in ACE 2 receptors and the desensitisation to the effects of angiotensin II (Levy *et al.*, 2008). Additionally, SARS-CoV-2 infection was reported to induce hypertension and preeclampsia-like symptoms in pregnant women (Mendoza *et al.*, 2020). Based on the strong association of pregnancy and SARS-CoV-2 infection with the renin-angiotensin system (RAS), it may be plausible that pregnant women are at a greater risk of being infected with SARS-CoV-2.

This novel study demonstrates a significant downregulation of sVEGFR-2 in preeclamptic compared to normotensive pregnant women. These results are in accordance with other studies (Chaiworapongsa *et al.*, 2010). The concentration of the soluble isoform of VEGFR-2 is proportional to the concentration of the membrane bound form of VEGFR-2, which is expressed on the surface of endothelial cells (ECs) (Shibuya, 2013). During the third trimester of gestation, VEGFR-2 is primarily expressed on placental vascular ECs (Clark *et al.*, 1996). This receptor regulates EC proliferation, function, and survival when stimulated by the binding of VEGF-A, VEGF-C, and VEGF-D (Pijnenborg *et al.*, 2010). In addition to regulating angiogenesis, VEGFR-2 is also involved in the regulation of lymphangiogenesis which arises when stimulated by VEGF-C (Pijnenborg *et al.*, 2010). The VEGF-induced stimulation of VEGFR-2 is essential for mitogenic cell signalling and the migratory activity of ECs (Rath and Tripathi, 2012).

Endothelial cell damage is a major characteristic of the clinical stage of PE development. The expression of sVEGFR-2 is downregulated as early as 6-10 weeks' gestation (Chaiworapongsa *et al.*, 2010), indicating a possible downregulation of VEGFR-2 as well. The decline of VEGFR-2 and its soluble isoform significantly early in pregnancy can lead to systemic EC damage before the onset of the clinical characteristics of PE due to the lack of VEGFR-2 stimulation. It is plausible to speculate that the systemic EC damage exacerbates the downregulation of sVEGFR-2, which enhances the clinical stage of PE. In a recent study, we demonstrated a HIF-1- $\alpha$  rich microenvironment in preeclamptic placentae (Verma *et al.*, 2018). A decrease in the biological availability of VEGF mRNA is associated with an increase in HIF-1- $\alpha$  (Robinson and Stringer, 2001). Due to the hypoxic state evident in PE, it is plausible to assume that there is reduced VEGF-mediated stimulation of VEGFR-2 which contributes to EC damage and the significant decline of sVEGFR-2 as observed in our study.

Moreover, our study reports a significant decrease of sVEGFR-2 in HIV-positive preeclamptic in comparison to HIV-negative normotensive pregnancies; and a trend indicating its downregulation in HIV-positive versus HIV-negative pregnancies. The HIV-1 encodes several genes in its RNA genome, including the tat protein which possesses an arginine and lysine rich sequence, similar to the VEGF amino acid sequence (Albini *et al.*, 1996a). As a consequence of the structural homology between tat protein and VEGF, tat protein is able to bind to VEGF native receptors, VEGFR-1 and VEGFR-2 (Albini *et al.*, 1996b). Therefore, it is plausible that the downregulation of sVEGFR-2 in HIV infected women in our study emanates from tat binding and sequestering sVEGFR-2. Upon binding of tat to sVEGFR-2, it is plausible to assume that the stimulation will lead to the activation of anti-angiogenic properties of sVEGFR-2.

Chronic HIV infection leads to chronic arterial injury, of which EC damage is a subsequent consequence (Govender *et al.*, 2013). We speculate that EC damage stemming from chronic HIV infection can cease the ability of EC to activate the VEGFR-2 signalling pathway, leading to the downregulation of sVEGFR-2 in HIV infected women and the enhanced downregulation in HIV-positive preeclamptic pregnant women. Additionally, administration of ART reconstitutes the opposing immune responses of PE and HIV infection, thereby inducing an immune-inflammatory state (Maharaj *et al.*, 2017). The heightened immune-inflammatory state in preeclamptic women infected with HIV may promote the development of chronic inflammation, a consequence of which is endothelial dysfunction (Castellon and Bogdanova, 2016). Therefore, we speculate that the endothelial dysfunction evident in PE may be worsened by the administration of ART which leads to severely reduced levels of sVEGFR-2 in PE.

Furthermore, this investigation shows a trend indicating the decrease of sVEGFR-3 in preeclamptic compared to normotensive pregnancies. These outcomes are corroborated by another study (Lely *et al.*, 2013). The membrane bound form of sVEGFR-3 is a regulator of the lymphangiogenic pathway which is stimulated following the binding of VEGF-C to VEGFR-3 (Singh *et al.*, 2013). In contrast, sVEGFR-3 exhibits anti-angiogenic and anti-lymphangiogenic properties and is also able to bind VEGF-C (Lely *et al.*, 2013). Preeclamptic women reflect a pro-lymphangiogenic state as deciphered from a lower sVEGFR-2 + sVEGFR-3/VEGF-C ratio in comparison to normotensive pregnant women (Lely *et al.*, 2013). The imbalance of this ratio may be a compensatory mechanism in response to the exacerbated inflammatory state of PE (Lely *et al.*, 2013). Studies on animal models showed that inhibition of the VEGFR-3/VEGF-C can lead to development of hypertension (Machnik *et al.*, 2009). Stimulation of the VEGFR-3/VEGF-C signalling pathway decreases the expression of pro-inflammatory cytokines (Machnik *et al.*, 2009); hence, an increase of TNF- $\alpha$  and IL-6 pro-inflammatory cytokines in PE (LaMarca *et al.*, 2007) indicates the inactivity of the VEGFR-3/VEGF-C pathway in preeclamptic women.

Vascular remodelling of the uterus during pregnancy to accommodate for an increase in the blood flow is a process regulated by VEGFR-3 (Park *et al.*, 2017); and is dysregulated in PE as evident by incomplete spiral artery remodelling (Rana *et al.*, 2019). Hence, we speculate that VEGFR-3 is downregulated in PE which leads to incomplete spiral artery remodelling. Simultaneous stimulation of VEGFR-3 and integrin  $\beta$ 1 signal transduction pathways, and subsequent activation of the mitogen-activated protein kinase (MAPKinase) pathway are essential for EC survival, migration, growth, differentiation, and adhesion (Wang *et al.*, 2001; Shakibaei *et al.*, 2003). Due to the dysregulation of vascular remodelling in PE, these signalling pathways are dysregulated in PE, which promotes EC damage and subsequently decreased sVEGFR-3.

In addition, our observations revealed a significant decrease of sVEGFR-3 in HIV-negative PE compared to HIV-negative normotensive pregnancies; along with a trend indicating increased expression of sVEGFR-3 in HIV-positive compared to HIV-negative pregnant women. Currently, ART is the gold standard in HIV treatment. Nucleoside/nucleotide reverse transcriptase inhibitors (NRTIs) is one of several key components that form highly active antiretroviral therapy (HAART) (Song *et al.*, 2018). The use of NRTIs in HIV treatment promotes the production of mitochondrial oxidative stress that leads to damage of the RTK signalling in ECs; this may result in EC damage due to the dysregulation of VEGFR signalling pathways (Song *et al.*, 2018). Protease inhibitors is one more of the components that are incorporated into HAART and has been reported to dysregulate uterine decidualization and spiral artery remodelling due to its effect of decreasing progesterone levels in trophoblast cells and subsequent decrease in trophoblast cell proliferation and migration (Kala *et al.*,

2020). Importantly, all HIV-positive women in our study were undergoing ART treatment at the time of venous blood collection, as it is a standard of care for HIV infection in SA. Based on the anti-angiogenic and anti-lymphangiogenic properties, we speculate that administration of HAART may significantly contribute to the decline of sVEGFR-3 in preeclamptic women infected with HIV undergoing HAART treatment.

MicroRNAs are noncoding post-transcriptional regulators of gene expression and minute changes in a particular miRNA could impart significant changes to its respective gene (Sayed *et al.*, 2014). The maintenance of maternal health when treating diseases during pregnancies still remains a challenge in SA, in light of this we analytically examined the potential role of miRNAs in the synergy of PE, SARS-CoV-2 and HIV infection. Recent studies have identified several host miRNAs to be differentially expressed in PE and HIV infection (Huang *et al.*, 2007; Bhaskaran and Mohan, 2014). Computational analysis identified host miRNAs with anti-viral effects against the novel SARS-CoV-2 infection (Nersisyan *et al.*, 2020). This review highlights a major gap in research on miRNAs in pregnancy, PE, and viral infections. In addition, evidence was provided indicating that the epigenetic regulatory mechanism of miRNA may play a pivotal role in PE and viral infections.

Research on miRNAs in pregnancy-related disorders is significantly lacking. Nonetheless, the differential expression of VEGF receptors are regulated by miRNAs, whilst the expression of certain miRNAs are directly proportional to the expression of the mRNA of their respective gene (Hong *et al.*, 2014).

Placental hypoperfusion that stems from insufficient trophoblast invasion of the placenta propels the placenta into a hypoxic state with an HIF-1- $\alpha$  rich microenvironment in PE (Possomato-Vieira and Khalil, 2016; Verma *et al.*, 2018). MicroRNA-210 (miR-210) is proportional to the expression of HIF-1- $\alpha$  (Oltmanns *et al.*, 2006); hence, we speculate that a positive feedback loop inducing hypoxia is formed due to abnormal placental trophoblast invasion. Additionally, miR-10 was shown to regulate angiogenesis (Hassel *et al.*, 2012). The downregulation of miR-10 leads to a decrease in the EC signalling pathway by antagonising VEGFR-2 stimulation (Hassel *et al.*, 2012). Furthermore, miR-10 regulates the expression of VEGFR-1 as well as its soluble isoform, sVEGFR-1 (Hassel *et al.*, 2012). Therefore, it is plausible to conclude that there may be an association between miR-10 and sVEGFR-2. The clinical stage of PE is characterised by widespread EC dysfunction. The expression of miR-126 is downregulated in PE and the expression of this miRNA is directly proportional to the expression of VEGF mRNA (Hong *et al.*, 2014). The survival, proliferation and migration of ECs is dependent on VEGF-mediated activation of VEGFR signalling pathways (Shakibaei *et al.*, 2003); hence, a downregulation of miR-126 may be involved in the dysregulation of EC signalling in PE. In addition,

EC damage emanating from decreased miR-126 may cause the downregulation of sVEGFR-2 and sVEGFR-3 observed in our study. MicroRNA-126 has been highlighted to target the nucleocapsid of the SARS-CoV-2, thereby exhibiting anti-viral properties (Sardar *et al.*, 2020). The downregulated levels of miR-126 in PE may facilitate SARS-CoV-2 infection in pregnant women. Furthermore, SARS-CoV-2 infection may exacerbate the EC damage already present in PE.

The epigenetic regulatory ability of miRNAs plays a major role in viral infections, including HIV infection (Huang *et al.*, 2007). Several miRNAs are differentially expressed between resting and activated CD4 T cells (Huang *et al.*, 2007). HIV has adapted the ability to dysregulate certain miRNAs in an attempt to prevent detection of the virus and extend the latency period of HIV infection. The nef protein of HIV-1 is involved in viral pathogenesis and is regulated by host miR-29a and miR-29b (Geyer *et al.*, 2001; Houzet *et al.*, 2008). Moreover, miR-29a and miR-29b suppresses HIV replication (Ahluwalia *et al.*, 2008; Nathans *et al.*, 2009). Due to its downregulation in HIV infected humans, this may be a mechanism to prolong the latent state of HIV infection. The expression of miR-126 is downregulated in HIV infected patients receiving ART; however, miR-126 is upregulated in HIV-positive patients resistant to HAART compared to patients without resistance (Marquez-Pedroza *et al.*, 2020). Hence, it is plausible to speculate that HIV infected patients receiving ART will be at a greater risk of being infected with SARS-CoV-2. Furthermore, the downregulation of miR-126 induced by ART administration in the synergy of PE, HIV and SARS-CoV-2 infections is particularly concerning as EC damage may be severe, leading to the worsening of PE.

### **Limitations**

The limitations of our study were the small sample size, heterogeneity of the PE population by gestational age and severity. Furthermore, viral load tests are not a standard of care in SA; therefore, it was excluded from this study together with the severity of PE. Lastly, this study did not identify the origin of detected concentration of sVEGFR-2 and sVEGFR-3.

### **Conclusion**

In conclusion, this study demonstrates a significant decrease of sVEGFR-2 and a downregulated trend of sVEGFR-3 concentrations in preeclamptic compared to normotensive pregnancies. The decline of these anti-angiogenic factors contributes to EC dysfunction which eventuates dysregulation of angiogenic and lymphangiogenic pathways in PE. Additionally, we demonstrate a similar expression of both sVEGFR-2 and sVEGFR-3 in HIV infected compared to HIV-negative pregnancies, irrespective of pregnancy type. The expressional similarities of sVEGFR-2 and sVEGFR-3 is attributed to ART. Notably, the VEGF-mimicry of the HIV-1 tat protein is counterbalanced by the administration of ART. The observations in this study provides an insight into the role of soluble isoforms of VEGF receptors

and warrants further investigations with a focus on soluble angiogenic factors at the level of gene expression.

### **Future recommendations**

We recommend conducting a large-scale study investigating the functional role of sVEGFR-2 and sVEGFR-3 in pregnancy, PE, and HIV infection. The focus of future investigations should be directed towards the epigenetic regulation, as well as possible genetic polymorphisms of sVEGFR-2 and sVEGFR-3.



## **CHAPTER FIVE**

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## **Appendix**

## Appendix 1



04 June 2020

Prof T Naicker  
Discipline of Optics and Imaging  
School of Laboratory Medicine and Medical Sciences  
[naickera@ukzn.ac.za](mailto:naickera@ukzn.ac.za)

Dear Prof Naicker

**Title of Project: Exploring the pathogenesis HIV associate pre-eclampsia syndrome in a homogenous South African population group.**  
**BREC Ref No.: BCA338/17**

We wish to advise you that your letter received on 20 May 2020 to append the studies below to the above study has now been approved by a sub-committee of the Biomedical Research Ethics Committee

MMedSci	Rowen Govender	215023500	The role of complement component 4B (C4B) and complement factor I (CFI) in the duality of HIV infected preeclamptic women
MMedSci	Sumeshree Govender	21351694	The role of C5a and C2 protein in pre-eclampsia complicated by HIV infection.
MMedSci	Camille Naicker	214515577	The components C5 and Mannose- binding lectin (MBL) functionality in the complement system in relation to HIV and preeclampsia pregnant women in Durban, South Africa.
MMedSci	Mikyle David	216000603	The function of Adipsin and C9 protein in the complement system with relation to HIV-associated pre-eclampsia
MMedSci	Tashlin Abel	215013948	The regulation of SLK-1 and SFLT-4 and their involvement in Pre-eclamptic woman with HIV.
MMedSci	Omeshini Naiker	215028862	The role of angiostatin and PDGF in maintaining placental health in preeclamptic patients
MMedSci	Nqobile Mdlalose	216002159	The role of HER2 and HER 3 in HIV associated preeclampsia
MMedSci	Nitalia Naidoo	216013288	The role of osteopontin and neuropilin in HIV associated preeclampsia

The committee will be notified of the above approval at its next meeting to be held on 14 July 2020.

Yours sincerely

.....  
Ms A Marimuthu  
(for) Prof D Wassenaar  
Chair: Biomedical Research Ethics Committee

Biomedical Research Ethics Committee  
Chair: Professor D R Wassenaar  
UKZN Research Ethics Office Westville Campus, Govan Mbeki Building  
Postal Address: Private Bag X54001, Durban 4000  
Email: [BREC@ukzn.ac.za](mailto:BREC@ukzn.ac.za)

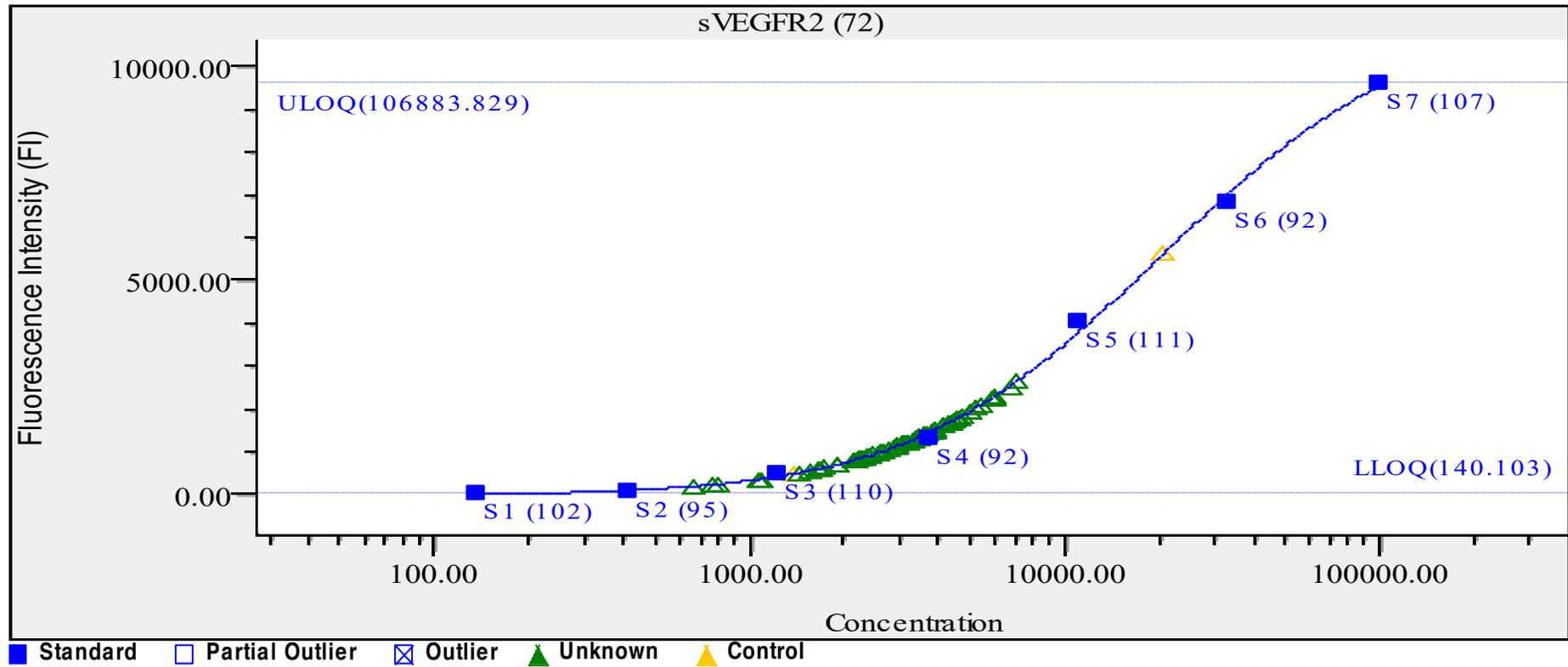
Website: <http://research.ukzn.ac.za/Research-Ethics/Biomedical-Research-Ethics.aspx>

Founding Campuses: Edgewood Howard College Medical School Pietermaritzburg Westville

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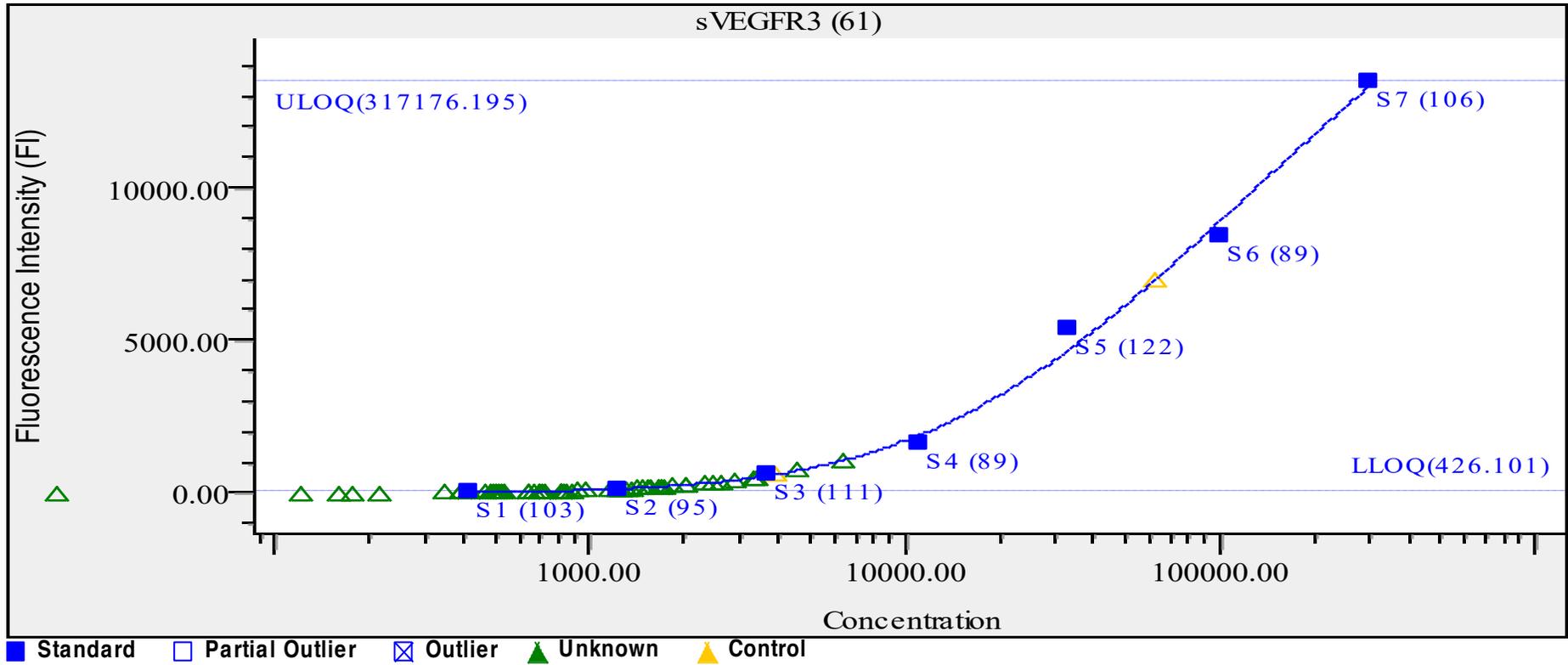
**Appendix 1: Ethical Approval (BCA338/17)**

## Appendix 2



Appendix 2: Standard curve of sVEGFR-2

## Appendix 3



Appendix 3: Standard curve of sVEGFR-3

## Appendix 4

### IMMUNOASSAY PROCEDURE

- Prior to beginning this assay, it is imperative to read this protocol completely and to thoroughly understand the Technical Guidelines.
- Allow all reagents to warm to room temperature (20-25°C) before use in the assay.
- Diagram the placement of Standards [0 (Background), Standard 1 through 7], Controls 1 and 2, and Samples on Well Map Worksheet in a vertical configuration. (Note: Most instruments will read only the 96-well plate vertically by default.) It is recommended to run the assay in duplicate.
- If using a filter plate, set the filter plate on a plate holder at all times during reagent dispensing and incubation steps so that the bottom of the plate does not touch any surface.

1. Add 200 µL of Assay Buffer into each well of the plate. Seal and mix on a plate shaker for 10 minutes at room temperature (20-25°C).
2. Decant Assay Buffer and remove the residual amount from all wells by inverting the plate and tapping it smartly onto absorbent towels several times.
3. Add 25 µL of each Standard or Control into the appropriate wells. Assay Buffer should be used for 0 pg/mL standard (Background).
4. Add 25 µL of Assay Buffer to the sample wells.
5. Add 25 µL of appropriate matrix solution to the background, standards, and control wells. When assaying serum or plasma, use the Serum Matrix. When assaying tissue culture or other supernatant, use proper control culture medium as the matrix solution.
6. Add 25 µL of Sample (diluted) into the appropriate wells.
7. Vortex Mixing Bottle and add 25 µL of the Mixed Beads to each well. (Note: During addition of Beads, shake bead bottle intermittently to avoid settling.)
8. Seal the plate with a plate sealer. Wrap the plate with foil and incubate with agitation on a plate shaker overnight (16-18 hours) at 2-8°C.

Add 200 µL Assay Buffer per well



Shake 10 min, RT

Decant

- Add 25 µL Standard or Control to appropriate wells
- Add 25 µL Assay Buffer to background and sample wells
- Add 25 µL appropriate matrix solution to background, standards, and control wells
- Add 25 µL diluted Samples to sample wells
- Add 25 µL Beads to each well



Incubate overnight (16-18 hours) at 2-8°C

9. Gently remove well contents and wash plate 3 times following instructions listed in the **PLATE WASHING** section.
10. Add 25  $\mu$ L of Detection Antibodies into each well. (Note: Allow the Detection Antibodies to warm to room temperature prior to addition.)
11. Seal, cover with foil and incubate with agitation on a plate shaker for one hour at room temperature (20-25°C). **DO NOT ASPIRATE AFTER INCUBATION.**
12. Add 25  $\mu$ L Streptavidin-Phycoerythrin to each well containing the 25  $\mu$ L of Detection Antibodies.
13. Seal, cover with foil and incubate with agitation on a plate shaker for 30 minutes at room temperature (20-25°C).
14. Gently remove well contents and wash plate 3 times following instructions listed in the **PLATE WASHING** section.
15. Add 100  $\mu$ L of Sheath Fluid (or Drive Fluid if using MAGPIX<sup>®</sup>) to all wells. Resuspend the beads on a plate shaker for 5 minutes.
16. Run plate on Luminex<sup>®</sup> 200™, HTS, FLEXMAP 3D<sup>®</sup> or MAGPIX<sup>®</sup> with xPONENT<sup>®</sup> software.
17. Save and analyze the Median Fluorescent Intensity (MFI) data using a 5-parameter logistic or spline curve-fitting method for calculating analyte concentrations in samples. (Note: For diluted samples, final sample concentrations should be multiplied by the dilution factor. For samples diluted as per protocol instructions, multiply by 5. If using another dilution factor, multiply by the appropriate dilution factor.)



Remove well contents and wash 3X with 200  $\mu$ L Wash Buffer

Add 25  $\mu$ L Detection Antibodies per well



Incubate 1 hour at RT

Do Not Aspirate

Add 25  $\mu$ L Streptavidin-Phycoerythrin per well



Incubate for 30 minutes at RT

Remove well contents and wash 3X with 200  $\mu$ L Wash Buffer

Add 100  $\mu$ L Sheath Fluid or Drive Fluid per well

Read on Luminex<sup>®</sup> (50  $\mu$ L, 50 beads per bead set)





# The Involvement of MicroRNAs in SARS-CoV-2 Infection Comorbid with HIV-Associated Preeclampsia

Tashlen Abel<sup>1</sup> · Jagidesa Moodley<sup>2</sup> · Thajasvarie Naicker<sup>1</sup>

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## Abstract

**Purpose of Review** This review investigated the potential role of microRNAs (miRNAs) in the synergy of severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) infection, preeclampsia (PE), and human immunodeficiency virus (HIV) infection. Maternal health is a great concern when treating pregnant women fighting this triad of diseases, which is highly prevalent in South Africa. MicroRNAs are involved in fine-tuning of physiological processes. Disruptions to the balance of this minute protein can lead to various physiological changes that are sometimes pathological.

**Recent Findings** MicroRNAs have recently been implicated in PE and have been linked to the anti-angiogenic imbalance evident in PE. Recent in silico studies have identified potential host miRNAs with anti-viral properties against SARS-CoV-2 infection. Studies have demonstrated dysregulated expression of several miRNAs in HIV-1 infection along with the ability of HIV-1 to downregulate anti-viral host microRNAs.

**Summary** This review has highlighted the significant gap in literature on the potential of miRNAs in women with HIV-associated PE in synergy with the novel SARS-CoV-2 infection. In addition, this review has provided evidence of the critical role that the epigenetic regulatory mechanism of miRNA plays in viral infections and PE, thereby providing a foundation for further research investigating the potential of therapeutic miRNA development with fewer side-effects for pregnant women.

**Keywords** Human immunodeficiency virus · Hypertension · MicroRNA · Preeclampsia · Pregnancy · SARS-CoV-2 infection

## Introduction

The novel severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) emerged in late November 2019 and has led to the coronavirus disease 2019 (COVID-19) pandemic [1•]. It

is believed that SARS-CoV-2 originated from a wild meat market in Wuhan, Hubei, China [2]. Severe acute respiratory syndrome coronavirus 2 transmission occurs across humans regardless of age and sex; however, it is more prevalent amongst the elderly, the overweight, and those with asthma, diabetes, and other immunocompromised conditions [3]. According to the World Health Organization (WHO), South Africa (SA) has the highest COVID-19 prevalence in Africa. Despite an “early hard lockdown” by the country, more than 700,000 South Africans have been infected with SARS-CoV-2 as of October 2020 [4]. Considered to be a low- and middle-income country (LMIC), it seems unlikely that SA will avoid a fall in the local economy. Hence, it is of utmost importance to rapidly discover solutions to overcome the COVID-19 pandemic.

MicroRNAs (miRNAs) are endogenous small non-coding RNAs that are able to post-transcriptionally regulate the expression of proteins through modulation of the protein’s messenger RNA. MicroRNAs are approximately 22 nucleotides long and possess a long half-life and stability that is 10 times stronger than mRNAs, even in extracellular fluids like urine and plasma [5]. MicroRNAs are able to degrade mRNA and

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suppress protein translation when the 5' terminal of miRNA pairs with the 3'-untranslated region (3'-UTR) of mRNA [6, 7]. When miRNAs are incompletely complementary to multiple sites in the 3'-UTR, protein synthesis is inhibited [8]. In comparison, when completely base-paired, a single phosphodiester bond is cleaved leading to degradation of the target mRNA [8].

Host miRNAs have been reported to be involved in cell proliferation, angiogenesis, immune cell development, and apoptosis [9]. Differential expression of miRNAs has been implicated in several viral diseases [10], cancer [9], diabetes [11], schizophrenia [12], and cardiovascular diseases [13]. The diverse role of miRNAs ignites the curiosity of its role in contemporary diseases and associated conditions.

Hypertensive disorders in pregnancy (HDP) are one of the commonest direct causes of mortality and morbidity worldwide; approximately 94% of maternal deaths occur in LMIC [14, 15]. Furthermore, it is responsible for 18% of all maternal deaths in SA [14].

Preeclampsia (PE) is an HDP of unknown origin that complicates 5–8% of pregnancies worldwide [16] and occurs more frequently in LMIC compared to high-income countries [15, 17]. Preeclampsia is characterized by new-onset hypertension (systolic blood pressure  $\geq 140$  mmHg or diastolic blood pressure  $\geq 90$  mmHg) with or without excessive proteinuria ( $\geq 300$  mg every 24 h); the disorder presents with the clinical signs of hypertension at or after 20-week gestation [18]. The diagnosis of PE is also made in the absence of proteinuria when there is evidence of multi-organ involvement such as acute kidney injury, neurologic signs, liver disease, and intrauterine foetal growth restriction. In addition, evidence of haemolysis, elevated liver enzymes, and low platelet counts leads to a diagnosis of HELLP syndrome [19, 20].

The human immunodeficiency virus (HIV) attack cells of the immune system thereby weakening immunity which leads to the host being susceptible to other infections and diseases. [21]. HIV infection is a global concern with over 30 million people living with HIV at the end of 2019 [22]. In 2019, 13.5% of the South African population was infected with HIV (7.97 million) [23]. South Africa has the highest antiretroviral (ARV) “rollout program” in the world with 4.7 million citizens receiving treatment [24]. The world health organization (WHO) has recommended that all infected humans initiate and continue the life-long use of highly active antiretroviral therapy (HAART) as a treatment for HIV [25]. Pregnant and breast-feeding women are also encouraged to continue with HAART treatment as it was shown to markedly reduce mother to child transmission [25]. However, ARVs may be associated with PE predisposition [26••]. Maternal deaths from HIV infection is high (>34%) in SA followed by obstetric haemorrhage and HDP [15]. Several studies have postulated that HIV infection influences the rate of PE development [27–31].

In light of the high maternal mortality emanating from HIV infection and PE, it is of paramount importance that one examines their interaction with the new deadly COVID-19 pandemic. This review will address the missing gaps in literature concerning the effects of microRNAs in HIV-associated PE comorbid with COVID-19; thereby providing a foundation for further research investigating the triad of inflammatory-related conditions.

## Severe Acute Respiratory Syndrome Coronavirus 2

Severe acute respiratory syndrome coronavirus 2 belongs to the subfamily of Beta coronaviruses, similar to SARS-CoV-1 and MERS-CoV [32]. SARS-CoV-2 is an enveloped virus with positive-sense single-stranded RNA (+ssRNA). Beta coronavirus have been attributed to be the most fatal subfamilies of coronaviruses [32]. Based on current literature, SARS-CoV-2 is composed of four structural and functional proteins which include the spike, membrane, envelope, and nucleocapsid proteins, together with RNA viral genome [33].

The route of COVID-19 spread is similar to other coronaviruses via human-to-human contact. Humans have a basic biological imperative to connect with other people, making human-to-human contact a very efficient way to amplify viral dissemination. However, it is also spread through the oral-faecal route [34, 35]. SARS-CoV-2 infection occurs in three stages [36]. Stage one includes the incubation period which lasts for approximately 5 days. The virus becomes detectable in stage two and the patient displays mild flu-like symptoms. Stage three presents with severe symptoms which include acute respiratory distress syndrome (ARDS), multi-organ involvement, and subsequent death [36].

Upon entry of the virus into the host, SARS-CoV-2 attaches to angiotensin-converting enzyme 2 (ACE 2) receptors of pneumocytes, thereby infecting host cells [37]. Current literature suggests that the receptor-binding domain of SARS-CoV-2 spike protein is activated via cleavage by transmembrane serine protease 2 (TMPRSS2) [38, 39]. SARS-CoV-2 is then able to follow normal trends in viral infection such as replication, maturation, and release of virions. Since ACE 2 receptors are involved in pregnancy [40], it is plausible that SARS-CoV-2 infection predispose pregnancy complications.

## Soluble Angiotensin-Converting Enzyme 2 in SARS-CoV-2 Infection

ACE 2 is a membrane-bound protein (surface protein) that is used by SARS-CoV-2. A Disintegrin and metalloproteinase domain-containing protein 10 (ADAM 10) and ADAM 17 are ectodomain sheddases that are able to cleave the extracellular

domain of ACE 2 between amino acids 716 and 741; producing the soluble form of ACE 2 (sACE 2) that is released into maternal circulation [41].

Individuals with metabolic conditions have a higher expression of angiotensin II, whereas healthy individuals express angiotensin (1-7) [42]. SARS-CoV-2 has a greater affinity for sACE 2 in comparison to the membrane-bound form, indicative of potential therapeutic properties [43]. Soluble ACE 2 can potentially neutralize SARS-CoV-2, thereby reducing viral pathogenicity [42, 43]. In light of the dire pandemic, it is vital that we investigate the properties of sACE 2 and its potential therapeutic benefits in HIV-positive preeclamptic women comorbid with COVID-19.

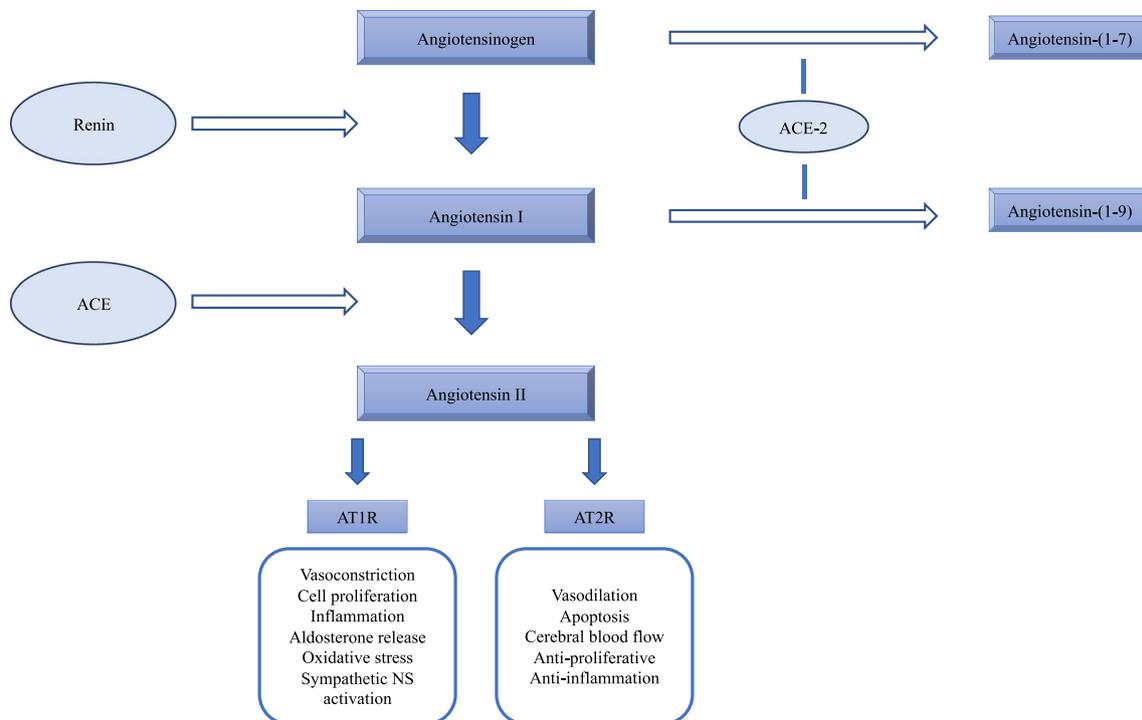
## The Role of Angiotensin-Converting Enzyme 2 in Pregnancy and Preeclampsia

In a normal physiological environment, the juxtaglomerular cells of the kidney secrete renin, which enzymatically converts angiotensinogen to angiotensin I [44]. Angiotensin-converting enzyme (ACE) converts angiotensin I to angiotensin II [45]. Angiotensin II functions to increase blood pressure by acting on the kidney, brain, arterioles, and adrenal cortex, via its receptors—angiotensin II type 1 receptor (AT1R) and angiotensin II type 2 receptor (AT2R), shown in Fig. 1 [46]. Angiotensin-converting enzyme 2 serves as a regulatory mechanism by degrading angiotensin II to angiotensin-(1-7) and angiotensin I to angiotensin-(1-9), which have opposing

effects to that of angiotensin II [47]. Thus, ACE 2 maintains a balance in the renin-angiotensin system (RAS).

Pregnancies begin along various psychological, physical, and physiological changes in the body. It is critical that salt-balance and blood pressure (BP) are maintained during pregnancy, which is a principle function of the RAS. From week 6 of gestation, all components of the classical RAS are found in placental tissue, with the potential to regulate villous and extravillous cytotrophoblast (EVT) proliferation, extravillous cytotrophoblast migration, invasion, and placental angiogenesis [48]. Placental RAS is a vital component for the suboptimal regulation of blood flow at the maternal-foetal interface; hence, its dysregulation may predispose HDP such as PE [49, 50]. ACE 2 is expressed in human placenta within syncytiotrophoblasts (ST), cytotrophoblasts (CT), endothelium, and vascular smooth muscle of conducting villi [51]. Interestingly, ACE 2 is also expressed in the invasive interstitial and intravascular trophoblast cell populations, as well as within decidual cells [51]. This highlights the potential for COVID-19 to induce, mimic, or accelerate PE as the SARS-CoV-2 infection exploits ACE 2.

In normal pregnancies, there is a slight increase in the expression of angiotensin II albeit without vasoconstriction or rise in systemic BP because of the development of a refractoriness to the effect of angiotensin II [52, 53]. In contrast, pregnancies complicated by PE are highly sensitized to angiotensin II [54]. This correlates with the clinical findings of PE, which include evidence of elevated BP. Studies by Merrill et al. and Valdés et al. provide evidence of angiotensin 1-7 downregulated in the plasma of PE compared to normotensive



**Fig. 1** Schematic representation of the renin-angiotensin system and the physiological role of ACE-2 receptors

healthy pregnancies [55, 56]. These studies confirm potential of ACE 2 suppression in PE.

## Pathophysiology of Preeclampsia

The etiology of PE has not been fully elucidated; however, it is believed to occur in two stages [57]. The preclinical stage of PE development involves deficient EVT invasion of the uterine spiral arterioles. In this stage, endovascular trophoblast invasion does not progress beyond the decidual segment of the spiral artery; additionally, there is reduced interstitial myometrial invasion [58]. Defective spiral artery remodeling causes placental hypoxia, leading to a shift in the balance of antiangiogenic and proangiogenic factors [58]. Soluble endoglin (sEng) is an antiangiogenic factor that was found to be overexpressed in the serum of preeclamptic women [59]. Endoglin (Eng), a transmembrane glycoprotein that is highly expressed on vascular endothelium, functions as a coreceptor for transforming growth factor beta (TGF- $\beta$ ) [60]. In contrast, sEng inhibits the normal physiology of TGF- $\beta$  by binding to circulating TGF- $\beta$ , which leads to dysregulation of TGF- $\beta$  signalling in ECs [59]. Transforming growth factor receptor I (TGFR-I), otherwise referred to as activin receptor-like kinase 5 (ALK5), and transforming growth factor receptor II (TGFR-II) function as native receptors of TGF- $\beta$  [61]. It was reported that sEng can potentially inhibit the downstream signalling of TGF- $\beta$ , including effects on activation of endothelial nitric oxide synthase (eNOS) and vasodilation [59].

Angiogenic imbalance leads to the clinical stage in which an increase in antiangiogenic factors causes widespread damage to the maternal endothelium [62]. This stage presents the clinical features of PE, including hypertension, proteinuria, and intrauterine growth restriction (IUGR) [63]. Delivery of the placenta usually causes rapid resolution of the clinical signs of the disease, making it the only treatment available, which often includes premature delivery of the fetus [64].

## The Expression of microRNAs in Pregnancy

Pregnancy is a time of significant changes in the body in order to prepare for and accommodate the developing fetus. MicroRNAs are able to regulate many of these changes through its control over the expression of mRNA. MicroRNAs have been implicated in the earliest stages of pregnancy, including embryo implantation [65]. After implantation, the trophoblast cell lineage is the first to begin differentiating [66]. Cuman et al. noted miR-661 and miR-372 up-regulation in blastocysts that failed to implant [67]; the expression of miR-372 was supported by Rosenbluth et al. as they found a similar expression [68]. In contrast, miR-142-3p is

highly expressed in blastocysts successfully implanted according to a pilot study conducted by Borges et al. [69]. This suggests an involvement of miRNA in ectopic pregnancies and miscarriages. Although differential expression profiling of miRNAs is achievable, the results are not easily reproducible, as evident in significant variations between similar investigations. The difficulty in reproducing results may be explained due to differences in laboratory conduct of the study, methodological differences, and differences in miRNA array panels, as well as the use of either stored or fresh samples [65]. MicroRNA expression is a very dynamic process and varies greatly with the requirements needed at different times [65].

The endometrium is essential for successful embryo implantation. Kresowik et al. identified miR-31 to be overexpressed in endometrium in the mid-secretory phase [70]. MicroRNA-31 is a potent miRNA that inversely regulates forkhead box P3 (FOXP3), a transcription factor for T regulatory cells, and CXCL12, a homeostatic chemokine. CXCL12 is a chemoattractant for uterine natural killer (NK) cells, with the potential to be involved in providing a suitable environment that is immune-tolerant in the secretory phase [65]. Tochigi et al. and Estella et al. investigated the miRNA expression profiles between decidualized human endometrial stem cells (hESC) and control hESC; only miR-155 was commonly expressed in both studies [71, 72].

The attachment of the blastocyst to the uterine endothelial wall occurs 4–6 days post-conception; following this, the placenta begins to develop [73]. MicroRNAs are highly expressed in the human placenta which undergoes physiological changes throughout pregnancy [74, 75]. The precise role of miRNAs in the placenta is yet to be identified. However, the placenta releases placental miRNAs into the maternal circulation, hence is found in maternal serum and plasma and placental tissue. The expression of placental miRNAs is associated with HDPs, such as PE [76]. Previous studies have highlighted the presence of hypoxic conditions in PE compared to healthy controls [58, 77, 78]. MicroRNA-210 is up-regulated in trophoblast cells cultured in hypoxic environments, and importantly, in PE [79]. Additionally, miRNAs that are involved in angiogenesis and immune cell development are dysregulated in trophoblastic cells cultured in hypoxic conditions [80–83]. Thus, there exists a possible influence of miRNAs in the progression of normal pregnancies, and in pathological pregnancies.

## MicroRNAs in Pregnancies Complicated by Preeclampsia

There are significant gaps in the investigation of miRNAs in pregnancy-related complications and there is a paucity of data on the miRNA regulation of sEng. Importantly, the miRNA

regulation of sFlt-1 is yet to be elucidated as no miRNA has been directly correlated with the regulation of sFlt-1 [84]. Nevertheless, KG Shyu (2017) reported that miR-208a is responsible for the activation of Eng and collagen I in the stimulation of myocardial fibrosis [85]. This was supported by similar studies [86, 87]. Furthermore, several miRNAs have been suggested to play a role in trophoblast proliferation and invasion, including direct effect on TGF- $\beta$  signalling. An investigation analyzing the HTR-8/SVneoplacental cell line concluded that miR-376c inhibits ALK5 [88]. Also, miR-29b directly binds to the 3'-UTRs of myeloid cell leukaemia sequence 1, matrix metalloproteinase 2, VEGF-A, and integrin- $\beta$ 1 [89]. When miR-29b is upregulated in the placenta, it causes trophoblastic apoptosis and inhibition of trophoblast invasion and angiogenesis [89]. MicroRNA-193b is increased in preeclamptic patients [90]. Zhou et al. showed that miR-193b-3p decreases migration and invasion of HTR-8/SVneoplacental cells [90]. Interestingly, inhibition of miR-126 in mouse embryos led to abnormal vasculogenesis, haemorrhage, and loss of vascular integrity [91]. This indicated that miR-126 is necessary for proper vessel formation.

## Placental Hypoxia

Abnormal trophoblast invasion of the placenta in PE leads to hypoperfusion of the placenta and ultimately accelerates the placenta into a hypoxic state. The hypoxic state that is associated with PE correlates with the decrease of eNOS and nitric oxide (NO) in preeclamptic patients. MicroRNA-222 was reported to induce the production of eNOS [92] yet was found to be downregulated in the placenta of PE patients [93]. Furthermore, miR-155 was identified to negatively regulate the expression of eNOS in trophoblastic cells [94]. It was also found to be increased in PE placenta, suggesting a negative regulatory role of miR-155 in the migratory behaviour of trophoblasts through the regulation of eNOS [94]. Sun et al. showed that miR-155 exerts its inhibitory effects on eNOS by binding to the 3'-UTR of eNOS mRNA and suggested that silencing of this miRNA can lead to improvement of endothelial dysfunction [95]. Dai et al. reported that miR-155 may inhibit trophoblast invasion and proliferation by downregulating cyclin D1; furthermore, another investigative group reported that miR-155 can inhibit trophoblast invasion by decreasing eNOS expression [96]. This can lead to an exaggerated hypoxic state of the placenta in PE.

Many studies have highlighted the overexpression of miR-210 in preeclamptic placentae and plasma [97]. MicroRNA-210, believed to be a miRNA that is induced by hypoxia, is one of the most studied miRNAs [98]. The hypoxic state of the placenta in PE causes oxidative stress which leads to the upregulation of hypoxia inducing factor 1- $\alpha$  (HIF-1- $\alpha$ ) in placental tissue [98]. Research has revealed that miR-210 is

regulated by HIF-1- $\alpha$ , thereby creating a positive feedback loop inducing hypoxia.

## Angiogenesis

There is evidence of abnormal angiogenesis in PE. Vascular endothelial growth factor (VEGF) is a potent proangiogenic factor that plays a pivotal role in angiogenesis, particularly in endothelial cell proliferation, invasion, and migration [99]. It promotes the production of NO and prostacyclin in the maternal vascular system [100]. Phosphoinositide-3-kinase regulatory subunit 2 (PIK3R2) and sprout-related drosophila enabled/vasodilator-stimulated phosphoprotein homology 1 (EVH1) domain are a part of the VEGF signalling pathway and are targets of miR-126 [91, 101]. It was reported that miR-126 was downregulated in PE patients and the expression of miR-126 is directly proportional to the expression of VEGF mRNA [101]. VEGF is also targeted by miR-29b, miR-16, and miR-155 as they inhibit the expression of VEGF-A [89, 102, 103]. They also inhibit trophoblast cell invasion and tube formation apart from suppressing VEGF-A; thus, they are involved in placental angiogenesis. Ephrin-B2 (EFNB2) has been identified to influence angiogenesis. MicroRNA-126, miR-20a, miR-17, and miR-20b have been identified as miRNA regulators of EFNB2 and interestingly, they were shown to be differentially expressed in PE [101, 104]. These miRNAs can indirectly regulate the expression of VEGF through the inactivation of EFNB2. The microRNAs greatly involved in PE are summarized in Table 1.

Placental miRNAs are also released into the maternal circulation, contributing the maternal stage of PE; interestingly, miRNAs have also been found to be contained within exosomes, nanoparticle carrier proteins, in the maternal circulation [105]. The release of antiangiogenic factors and other inflammatory mediators into the maternal circulation leads to the systemic endothelial cell inflammation and endothelial cell dysfunction that are characteristic of PE.

## The Role of MicroRNAs in Modulating HIV-1 Infection

HIV infection is one of the more prevalent viral infections in SA [23]. Currently, HIV-infected individuals are treated with HAART [25]. Although HAART is the most effective treatment at present, it is associated with various side-effects. All pregnant women who are HIV-positive are required to adopt the HAART treatment in SA, as it reduces mother-to-child transmission [25]. However, studies have shown that HAART could exhibit a negative influence during pregnancy. Furthermore, there is evidence that the administration of HAART to pregnant HIV-positive patients predisposes the development of PE [106, 107]. In an ideal situation, PE

**Table 1** A summary of microRNAs and their roles in preeclampsia

MicroRNA	Expression	Target gene	Reference
miR-29b	Upregulated	MCL1, MMP2, VEGF-A, ITGB1	[89]
miR-126	Downregulated	VEGFA, EFNB2, CRK	[101]
miR-222	Downregulated	eNOS, PTEN, BCL2L11,	[93]
miR-155	Upregulated	eNOS, Cyclin D1	[94]
miR-210	Upregulated	HIF1-alpha, NF-kBp50	[97*, 79]

patients comorbid with HIV infection would have a neutralization of immune response [31, 108]. However, HAART in pregnancy reconstitutes immune response thereby influencing PE development [107, 109, 110]. In light of this, it is essential to thoroughly investigate key regulators in HIV-1 infection in order to identify alternative avenues in the fight against HIV infection globally. Epigenetic regulatory mechanisms, specifically miRNAs, have been shown to play a significant role in HIV infection, as well as other RNA and DNA viral infections [111].

Moreover, miRNAs may be partially responsible for the latency period of the HIV [112]. Huang et al. reported that several miRNAs were differentially expressed in resting CD4<sup>+</sup> T cells and activated CD4<sup>+</sup> T cells, including miR-28, miR-125b, miR-150, miR-223, and miR-382. These miRNAs have also been shown to target the 3' ends of HIV-1 mRNAs. Additionally, the group showed that inhibition of these miRNAs can stimulate virus production in resting CD4<sup>+</sup> T cells isolated from HIV-positive individuals receiving HAART [10]. It is therefore plausible that these differentially expressed miRNAs can inhibit HIV-1 expression in resting CD4<sup>+</sup> T cells, thereby contributing to the viral latency observed in HIV infection.

Apart from direct targeting of the HIV-1 mRNAs by miRNAs, cellular miRNAs can indirectly affect HIV infection through modulating factors that are essential for HIV-1 expression. Cyclin T1 protein is responsible for efficient transcription of the viral genome [113]. A study in 2012 reported that the expression of cyclin T1 is reduced in resting CD4<sup>+</sup> T cells; however, it is induced upon activation of CD4<sup>+</sup> T cells [114]. A similar investigation identified miR-198 to be downregulated during monocyte to macrophage differentiation and reported that miR-198 is able to suppress HIV-1 replication by downregulating cyclin T1 [115].

Houzet et al. reported that miR-29a and miR-29b are downregulated in HIV-1-infected patients and infected peripheral blood mononuclear cells (PBMCs) [116]. It was reported that the host miRNA, miR-29a targets the *nef* gene of HIV-1. The *nef* protein serves as an accessory protein of HIV and influences viral pathogenesis [117]. The group suggested that expression of miR-29a leads to a reduction of *nef* mRNA and a decrease in viral levels was observed [118]. A study conducted by Nathans et al. observed miR-29a to suppress infectivity

of HIV through direct targeting of HIV-1 transcripts to processing bodies (P bodies) [119]. Chable-Bessia et al. demonstrated that major components of P bodies are able to negatively regulate HIV-1 gene expression via blocking of viral mRNA association with polysomes. They also showed that deletion of these components reactivates the virus in PBMCs isolated from HIV-1 patients receiving HAART [120]. Thus, the downregulation of miR-29a in HIV-infected humans could serve as a mechanism for the maintenance of a latent state of infection. The miR-29 family is composed of miR-29a, miR-29b, and miR-29c. It is important to underline that miR-29a and miR-29b share highly similar sequences [118]. Above and beyond the negative regulation of *nef* expression by miR-29a, Ahluwalia et al. suggested that miR-29a and miR-29b are able to suppress virus replication in HEK293T cells and Jurkat T cells [118]. An in vivo study revealed that a cytokine-microRNA pathway could potentially impact HIV-1 replication. Specifically, the group identified the IL-21/miR-29a pathway to be associated with HIV-1 replication and infectivity [121]. Adoro et al. reported that the IL-21/miR-29a pathway suppresses viral replication since IL-21-stimulated CD4<sup>+</sup> T cells upregulate the expression of miR-29a, and IL-21 reverses the downregulation of miR-29a induced by HIV-1 infection [122]. This reiterates the plausibility of the IL-21/miR-29a axis influencing HIV-1 replication and infectivity.

As important as host miRNAs are, viruses bring along with it a set of its own miRNAs, referred to as viral miRNAs (v-miRNAs). The existence of v-miRNAs has been controversial to a degree due to the failure of reproducing findings [123]. The first v-miRNA that was isolated from HIV-1 was discovered in 2004 and was termed miR-N367 [124]. However, subsequent studies that attempted to reproduce the discovery were unsuccessful in their attempts [125–127].

The transactivation-responsive (TAR) element of HIV-1 is an RNA hairpin structure found at the 5' end of all HIV-1 transcripts [128]. Dominique L Ouellet et al. reported that TAR is a source of miRNAs in cultured HIV-1-infected cell lines and in HIV-1-infected human CD4<sup>+</sup> T lymphocytes [128]. TAR has been shown to be involved in cell survival and displays anti-apoptotic properties [129]. HIV-1 TAR miRNAs have been identified to downregulate ERCC1 (excision repair cross complementation group 1) and IER3 (intermediate early response gene 3) which are components

involved in apoptosis and cell survival [130]. Therefore, HIV-1-infected cells may be able to evade death and maintain the virulence of HIV-1.

The novel microRNAs have proven to have highly intricate regulatory roles in the human genomes. However, evidence also supports their existence in both RNA and DNA viruses which can potentially be involved in epigenetic regulation, by both direct and indirect mechanisms. It is thus of paramount importance that miRNAs and v-miRNAs are investigated more thoroughly utilizing newer sequencing technology. The significant impact of miRNAs in viruses and hosts highlights the possibility of their role in other viral infections threatening mankind.

### MicroRNAs in HIV-Associated Preeclampsia and COVID-19

There are numerous reports suggesting an interaction of miRNAs in viral infections. A study investigating the expression of miRNAs in HIV infection found differentially expressed miRNAs between resting CD4<sup>+</sup> T cells and activated CD4<sup>+</sup> T cells. Specifically, they found miR-28, miR-125b, miR-150, miR-223, and miR-382 to be differentially expressed [10]. Nersisyan et al. [131] conducted an *in silico* analysis of potential host miRNAs that can bind coronavirus and identified miR-21, miR-195-5p, miR-16-5p, miR-3065-5p, miR-424-5p, and miR-421 to exhibit this potential.

### MicroRNAs in Angiotensin-Converting Enzyme 2 Receptors

ACE 2 receptors are predominantly found on the endothelial cells [132], heart, blood vessels, and the kidneys [133]. According to several studies, miRNAs are indeed regulators of ACE 2 [134, 135]. ACE 2 abnormalities have been implicated in disorders such as hypertension [136], cardiovascular disease [13], diabetes [11], and old age [13]. MicroRNA-125b is reported to directly target the mRNA of ACE 2 [137]. The same miRNA is found to be downregulated in HIV-infected CD4<sup>+</sup> T cells and exhibits anti-viral properties [10]. Thus, it is plausible to hypothesize that HIV-positive individuals could be at an increased risk of being infected with SARS-CoV-2 because the host will be experiencing a decline in the expression of miR-125b due to HIV infection. Since miR-125b is a negative regulator of ACE 2 [10], under HIV-positive conditions, the patients will have an increase in the expression of ACE 2, potentially leading to greater viral entry. Supporting this is the work of Battle et al. who highlighted the fact that healthier people are at a lower risk of developing severe COVID-19 due to lower membrane-bound ACE 2 expression [42]. MicroRNA-125 is also associated with blocking of

apoptosis when downregulated [138]. This possibly allows for the virus to replicate without interruption.

Recently, miR-155 was reported to be associated with ACE 2 modulation by regulating the expression of AT1R by silencing AT1R mRNA [139]. This receptor is involved in cardiovascular homeostasis mechanisms including vasoconstriction, release of catecholamines, and blood pressure evaluation [140]. Vasoconstriction and elevated blood pressure are characteristics that are evident in PE. MicroRNA-155 was observed to be upregulated in the placenta of PE [94] where it negatively regulates the expression of eNOS in trophoblasts. There is a lack of research investigating miR-155 expression in COVID-19. Nevertheless, miR-155 has been described to exhibit anti-viral properties. Silencing of miR-155 led to an approximate 50% increase in the replication of rhinovirus [141]. In a case-control study, miR-155 was found to be upregulated in patients infected with respiratory syncytial virus (RSV), a condition associated with bronchial inflammation [142]. The overexpression of miR-155 shows a correlation with acute inflammatory responses [142]. Theoretically, a preeclamptic patient would be at a greater risk of experiencing severe symptoms of COVID-19, due to the effect of miR-155. Although the miRNA is unlikely to cause a pregnant woman to be at risk of being infected, the endothelial dysfunction seen in PE will be compounded by the dysregulation effects of miR-155 following SARS-CoV-2 infection. Although there is a paucity of data regarding the expression of miR-155 in COVID-19, it is possible to assume an initial downregulation in order to evade immune detection, followed by overexpression when the host develops an inflammatory response to the infection. Research investigating PE patients with SARS-CoV-2 infection will greatly aid in illuminating the effects of miR-155 both in COVID-19 and PE, which can lead to possible therapeutic actions from antagomirs (antagonistic microRNAs).

A geographical study including the USA, Wuhan, Italy, India, and Nepal found several anti-viral host miRNAs that were specific to SARS-CoV-2, one of which was miR-126 [143]. MicroRNA-126 has been identified to target the nucleocapsid of the SARS-CoV-2 [143]. Interestingly, miR-126 is downregulated in PE [101]. The inhibition of miR-126 in mouse embryos was assessed and it was found that it led to abnormal vessel formation and loss of vascular integrity [91]. Since miR-126 is decreased in PE, pregnant women with PE could be at risk of infection due to the loss of an anti-viral miRNA that targets SARS-CoV-2. Furthermore, it is plausible to expect the further downregulation of miR-126 following infection; this can lead to further endothelial cell damage in pregnant women and hence contribute to worsening the effects of PE, possibly inducing death. Additionally, miR-126-3p was found to be downregulated in HIV-1-positive patients receiving HAART. Interestingly, miR-126-3p was upregulated in patients with HAART resistance in comparison to

patients without resistance [144••]. It was indicated that this is suggestive of miR-126 being linked with HIV treatment failure [144••]. This evidence has possible detrimental results for HIV-associated PE women as both conditions exhibit a decrease in miR-126. Hence, patients with HIV-associated PE could be at a greater risk of both contraction of SARS-CoV-2 infection and the experiencing of severe COVID-19. Furthermore, Li et al. found several miRNAs to be differentially expressed in the peripheral blood of patients with COVID-19 [145••]. There is a great need to investigate the expression of miRNAs in COVID-19, which is yet to be achieved.

## Conclusion

Currently, there exists a wide gap in literature interrelating miRNAs and SARS-CoV-2 infection. Analysis of the differential expression of miRNAs in COVID-19 can help identify those at risk as well as aid in the development of therapeutic approaches. An inflammatory response is a common characteristic shared between SARS-CoV-2 infection, pregnancy, PE, and HIV infection. Maternal health should be of utmost importance when SARS-CoV-2 infection arises in HIV-positive preeclamptic women. Thus, further research investigating the functionality of microRNAs on the synergy of SARS-CoV-2 infection, PE, and HIV infection could provide significant breakthroughs that will enhance the treatment in pregnant women. Understanding how miRNAs are affected and identifying which miRNAs are aberrantly expressed will accelerate the development of a vaccine that will also be safe for pregnant women diagnosed with HIV-associated PE.

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## Declarations

**Human and Animal Rights and Informed Consent** This article does not contain any studies with human or animal subjects performed by any of the authors.

**Conflict of Interest** The authors declare no conflicts of interest relevant to this manuscript.

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Papers of particular interest, published recently, have been highlighted as:

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